



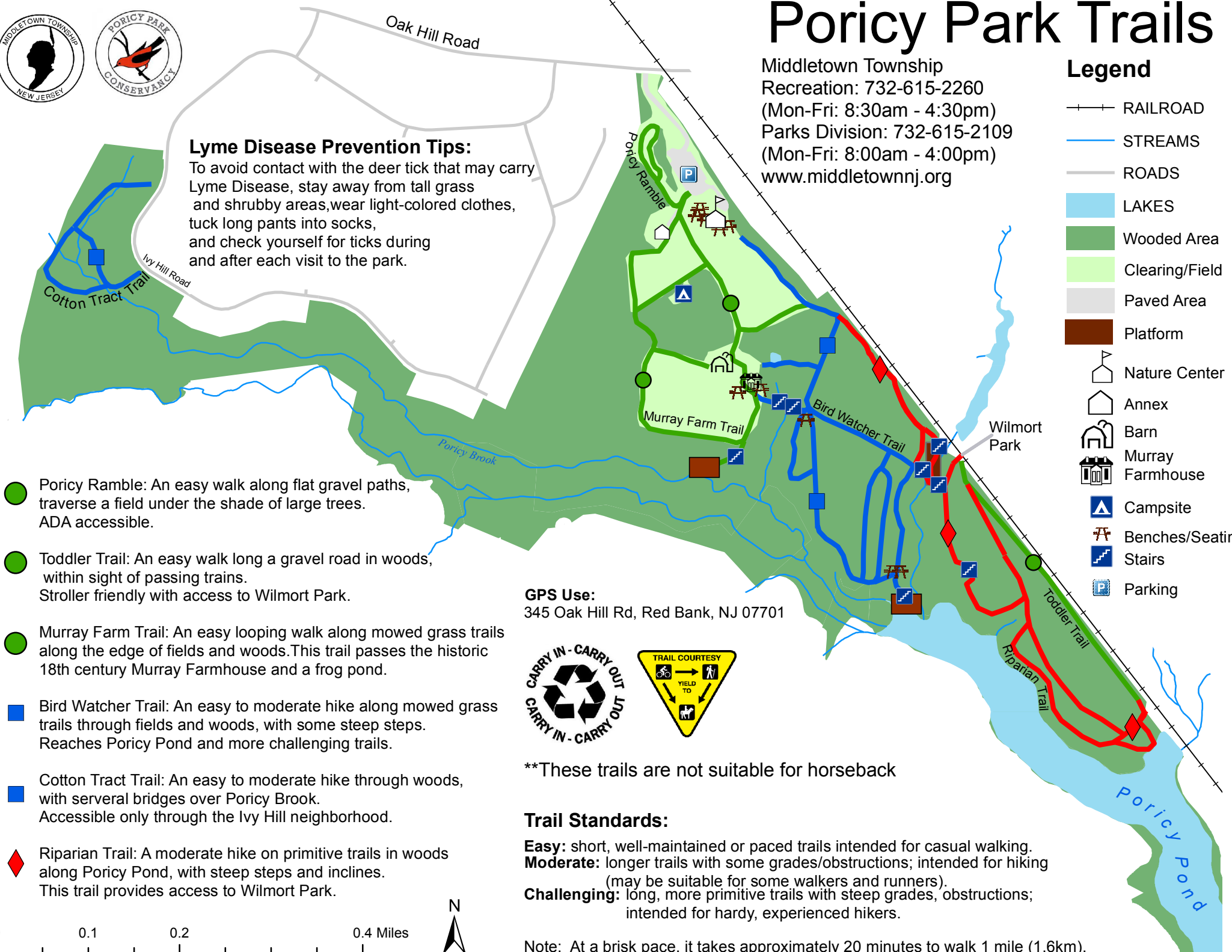
# Poricy Park Trails

Middletown Township  
 Recreation: 732-615-2260  
 (Mon-Fri: 8:30am - 4:30pm)  
 Parks Division: 732-615-2109  
 (Mon-Fri: 8:00am - 4:00pm)  
[www.middletownnj.org](http://www.middletownnj.org)

## Legend

- RAILROAD
- STREAMS
- ROADS
- LAKES
- Wooded Area
- Clearing/Field
- Paved Area
- Platform
- Nature Center
- Annex
- Barn
- Murray Farmhouse
- Campsite
- Benches/Seating
- Stairs
- Parking

**Lyme Disease Prevention Tips:**  
 To avoid contact with the deer tick that may carry Lyme Disease, stay away from tall grass and shrubby areas, wear light-colored clothes, tuck long pants into socks, and check yourself for ticks during and after each visit to the park.



- Poricy Ramble:** An easy walk along flat gravel paths, traverse a field under the shade of large trees. ADA accessible.
- Toddler Trail:** An easy walk long a gravel road in woods, within sight of passing trains. Stroller friendly with access to Wilmort Park.
- Murray Farm Trail:** An easy looping walk along mowed grass trails along the edge of fields and woods. This trail passes the historic 18th century Murray Farmhouse and a frog pond.
- Bird Watcher Trail:** An easy to moderate hike along mowed grass trails through fields and woods, with some steep steps. Reaches Poricy Pond and more challenging trails.
- Cotton Tract Trail:** An easy to moderate hike through woods, with several bridges over Poricy Brook. Accessible only through the Ivy Hill neighborhood.
- Riparian Trail:** A moderate hike on primitive trails in woods along Poricy Pond, with steep steps and inclines. This trail provides access to Wilmort Park.

**GPS Use:**  
 345 Oak Hill Rd, Red Bank, NJ 07701



**\*\*These trails are not suitable for horseback**

### Trail Standards:

- Easy:** short, well-maintained or paced trails intended for casual walking.
- Moderate:** longer trails with some grades/obstructions; intended for hiking (may be suitable for some walkers and runners).
- Challenging:** long, more primitive trails with steep grades, obstructions; intended for hardy, experienced hikers.

Note: At a brisk pace, it takes approximately 20 minutes to walk 1 mile (1.6km).

