



Mayor's Wellness Campaign Activity: Keeping You & Your Garden Healthy on Saturday, May 1st from 1:00 to 2:30 PM

A circular chart titled "Herbs" that identifies various common herbs. The herbs shown are: Basil, Bay Leaves, Cilantro, Dill, Lavender, Lemon Verbena, Marjoram, Thyme, Parsley, Oregano, Peppermint, Sage, Chives, and Rosemary. Each herb is accompanied by a small illustration of its leaves or stems.

MAYOR'S WELLNESS ACTIVITY

MAY 1ST | 1:00PM - 2:30PM | PORICY PARK - FARMHOUSE

KEEPING YOU & YOUR GARDEN HEALTHY

Tips & Tricks from Garden Club R.F.D

FREE for Middletown residents! Signup required, walk-ups allowed as space permits: WWW.MIDDLETOWNNJ.ORG/SIGNUP

The first 50 registered attendees will receive a free potted herb to take and plant at home! (One per family.)

MAYOR'S Wellness CAMPAIGN **MIDDLETON RECREATION** **MIDDLETON AED CENTER** **SUSTAINABLE JERSEY**

Did you know that gardening can enhance your overall happiness and well-being? Recent studies show that gardening can help relieve stress, ease depression and anxiety, and can even benefit your heart health by keeping you active. Whether you are a new gardener or someone with an experienced green thumb, spend some time with the knowledgeable members of the Garden Club RFD to learn valuable tips and tricks.

The first 50 registered attendees will receive a free potted herb to take and plant at home! (One herb plant per family.) Free for Middletown residents. Signup is required, walk-ups are allowed as space permits.

Click [HERE](#) to register.

Attend the Murray Farmhouse Open House on Saturday, May 1st from 12:00 to 3:00 PM

Murray Farmhouse
Saturday, May 1st
12:00pm - 3:00pm



Open House



Visit local Middletown history! One day a year, the Joseph Murray Farmhouse (c. 1770), located at Poricy Park (345 Oak Hill Road), is open for public visitors. Tours inside the building will be self-guided, but there will be a representative there to answer any questions and provide demonstrations. One group is permitted inside at a time. The event is free. No reservations needed. Rain date: May 2nd.

**Mayor's Wellness Campaign Activity: Pickleball on
Sunday, May 2nd from 1 PM to 2 PM**

MAYOR'S WELLNESS ACTIVITY
PICKLEBALL: TINDALL PARK | 5/02 | 1:00PM - 2:00PM



FREE for Middletown residents! Signup required, walk-ups allowed as space permits:
WWW.MIDDLETOWNNJ.ORG/SIGNUP

   

Try your hand at this exciting sport that combines many elements of tennis, badminton, and ping-pong. A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

Free for Middletown residents. Signup is required; walk-ups are allowed as space permits.

Click [HERE](#) to register.

Support VFW Post 2179 on Sunday, 5/2 for Buddy Poppy Month

May is Buddy Poppy Month!

Middletown VFW 2179 will be distributing Buddy Poppies this Sunday, May 2nd to raise money for disabled and needy veterans and widows and orphans of deceased veterans.

Please support our veterans and wear a Buddy Poppy as a symbol of gratitude to the men and women who put their lives at risk to defend the freedoms we enjoy in this nation.



Keep an eye out for our local veterans this Sunday, May 2nd at Shop Rite (1361 NJ-35) from 9:00 AM-3:00 PM.

Happy Earth Month from Middletown Township!



Celebrate EARTH MONTH in Middletown Township

GIVE BACK THIS EARTH MONTH BY VOLUNTEERING TO ADOPT-A-GARDEN FOR THE SEASON OR HELP PLANT A NEW BUTTERFLY GARDEN AT PORICY PARK!

**VISIT [Earth Month is coming to an end, but you can still make a difference.
Read about two exciting volunteer activities below.](http://WWW.MIDDLETOWNNJ.ORG/EARTHMONTHTO LEARN MORE!</p><p>#MIDDLETOWNNJEARSTMONT</p><p>MIDDLETOWN GREEN TEAM</p><p>The flyer features a background image of a garden with a small potted plant and a trowel. The text is overlaid on a dark green bar at the bottom.</p></div><div data-bbox=)**

Adopt-A-Garden: Residents and community groups have the opportunity to adopt a garden on Township property for an entire season to help keep Middletown beautiful.

Help Build a Butterfly Habitat: Volunteer to plant at the new Butterfly Garden at Poricy Park.

Click [HERE](#) to learn more about these activities.



Middletown Township Committee to Host Virtual and In-Person Workshop Meeting on Monday, 5/3

The Middletown Township Committee Workshop Meeting on Monday, May 3rd at 7:00 PM will be open to the public with social distancing measures in place

and made available live through Webex Event Center.

If you plan on attending the meeting in person, please note that the maximum occupancy in the Courtroom due to COVID-19 is 40 people. There are stickers placed in the pews directing people where to sit.

If you will be participating remotely, you can do so by [clicking this event link](#). To call in to the meeting, dial 1-408-418-9388. The event access code is 173 608 9359 followed by #. Enter 2021 if a passcode is required.

Click [HERE](#) for additional information.



UPDATE ON TOWNSHIP COVID-19 VACCINATION PRE-REGISTRATION

A yellow and blue banner for COVID-19 vaccination pre-registration. It features the text "MIDDLETOWN TOWNSHIP" and "COVID - 19 VACCINATIONS" in large blue letters. To the right, a blue arrow points left with the text "NOW REGISTERING ONLINE". Below the main text, it says "Vaccine appointments can be made directly through the Monmouth County website as well as the VNACJ appointment portal for individuals age 18 and over." A note at the bottom left states "Due to a lack of demand, COVID pre-registration appointments will no longer be offered at the Middletown Senior Center." To the right are logos for "COMMUNITY HEALTH CENTER" and "Visiting Nurses Association of Central Jersey".

Due to lack of demand, COVID-19 vaccination pre-registration will no longer take place at the Middletown Senior Center. Vaccine appointments can be made directly through the Monmouth County website as well as the VNACJ appointment portal for individuals ages 18 and over.

Appointments at the Brookdale Community College vaccination site can be found on the County website.

The Moderna vaccine is administered at this site, which is for people 18 years of age and older. No one 16 or 17 years old will be admitted into the clinic.

Click [HERE](#) to book your appointment. Click [HERE](#) to access a COVID-19 Digital Resources Packet from the NJ Department of Health.



Help public health serve you better...

PLEASE COMPLETE THE COMMUNITY HEALTH ASSESSMENT

<https://www.mcrhc.org/>



The Monmouth County Regional Health Commission is conducting a community health assessment. The assessment seeks to get your input on what defines a healthy community, your public health concerns, and what residents think should be MCRHC's top public health priorities.

Click [HERE](#) to complete the Community Health Assessment.



National Police Week: May 9-15 Police Memorial

Friday, May 14th at 11:00 AM

The Police Memorial service will be held rain or shine at the Middletown Police Memorial located at the corner of Kings Highway and Route 35.

All are welcome.

**Submit Suggestions for MTPL's 2021 Time Capsule
by May 21st**

Pictured above is the Middletown Township Public Library Ford Model T Bookmobile in front of the original library in Narrows. The Bookmobile provided service to residents who lived in rural areas.

MTPL is celebrating its 100th anniversary!

We will be opening the 1971 time capsule and burying a new one on June 2, 2021 at a special ceremony.

WANT TO HELP?

Submit your suggestions on what to put inside the 2021 time capsule in the container at the Circulation Desk by May 21, 2021.

Visit mtpl.org/centennial for updates.

Do you want to contribute to the Middletown Township Public Library's 2021 time capsule in honor of its centennial anniversary?

Visit the library's Circulation Desk to submit your suggestions on what should go inside it. The deadline is Friday, May 21st. Possible items to include are photos, newspaper clippings, and a meaningful note for a future generation.

Please keep in mind that the capsule is small. Visit www.mtpl.org/centennial for information and updates.



Homes are popping up on the Google Map! Take a look to see who's participating and what they will be selling.

Want to participate? Include your home! By registering for this event, you'll be able to enter your featured items to our database. Price includes a lawn sign and your items featured on a mobile friendly webpage to advertise your sale. Sellers have the option to participate in Saturday, Sunday or both dates. In case of poor weather,

you can decide whether or not to continue with your sale.

Click [HERE](#) to register your address on the map.

*Please note, COVID restrictions will apply based on the guidance at that time.

Middletown is hiring



School Crossing Guards

The Middletown Township Police Department is now hiring Crossing Guards. Shifts take place before and after school with a minimum of 3.5 hours per day.

Visit www.middletownnj.org/jobs for additional information and to fill out an application.



Please consider becoming a Middletown Crossing Guard! It is a very rewarding part-time position that affords the opportunity to help protect children as they walk to and from school. The position requires that you are able to work on all school days and have reliable transportation to get to the site. You will be required to successfully complete a criminal background check along with a pre-employment physical that includes a vision and hearing test.

The position offers paid holidays as well as two days paid vacation and sick time. A clothing allowance will also be provided for purchase of uniform and safety equipment.

Interested applicants can complete an application and send to:

HR 1 Kings Highway, Middletown, NJ 07748
or e-mail cvenezia@middletownnj.org

Click [HERE](#) to obtain an application.

The next quarterly taxes are due May 1, 2021. To avoid interest, please pay your taxes no later than 4:00 PM on May 10, 2021 in the office or 3:00 PM through the website.

Please click [HERE](#) for more information.



180 Turning Lives Around Seeks Sexual Assault Response Team Volunteers: Apply For Training Course by Friday, May 21st

Middletown Township Police Department invites the community to join 180 Turning Lives Around's life-changing mission. 180 seeks volunteers for its mandatory, 40-hour Sexual Assault Response Team (SART) training course from June 1-24, Tuesdays/Wednesdays/Thursdays, 6:00p-9:30p, remotely via Zoom. The deadline to apply is Friday, May 21st, 2021.

Click [HERE](#) for more information. Click [HERE](#) to obtain an application.



Click [HERE](#) for information about ways you can help honor the friends, neighbors, and family members we lost on 9/11 through Middletown's 9/11 20th anniversary donation and sponsorship opportunities. For information and updates, visit www.middletownremembers911.com and follow the Middletown WTC Memorial Gardens Fund on Facebook [@MiddletownRemembers911](#).

Middletown Recreation's Mario Kart Tournament Starts Saturday, May 1st



Rev up your B Dasher and get ready for the 2021 Mario Kart Tournament hosted by Middletown Recreation!

Registered players will compete in the *Mario Kart 8 Deluxe* game on Nintendo Switch. Players will join the tournament from their home, based on their chosen timeslot, and compete for the top spot. Please note, players must have the Nintendo Switch console and Mario Kart game in order to play. Middletown Recreation will not be providing consoles or game cards to participate. Top competitors (ages six to adult) in each age bracket will receive a prize. Families with multiple competitors will need to register separately, sign up for separate time-slots, and will need to have their own unique Nintendo Account ID.

Free for Middletown residents. Click [HERE](#) to reserve your spot in the tournament.

Apply for The MAC One-Act Play by Monday, May 10th



THE MAC ONE-ACTS

ONE-ACT PLAY FESTIVAL

SUBMISSION DEADLINE
May 10th, 2021

middletownarts.org

MAC has missed in-person theatre so much and is excited to bring back The MAC One-Acts, an in-person one-act play festival featuring original works by local playwrights! After an incredibly successful virtual festival last spring, MAC is taking this year's event outdoors and in person. Join MAC on June 4th and June 5th at 7:00 PM at MAC's outdoor canopy space for two intimate evenings of readings!

MAC is now accepting submissions to The MAC One-Acts! It's time to dust off that abandoned script or bring to life that new idea that's been percolating. MAC will pick six finalists to have their pieces read aloud by actors in front of an in-person audience in MAC's outdoor space.

The deadline to apply is May 10th at 11:59 PM.
Finalists will be selected on May 14th.

Click [HERE](#) for more information. Click [HERE](#) to fill out the submission form.

COVID-19 RESOURCES

Updated Travel Quarantine Guidelines from New Jersey Department of Health



Consistent with CDC's recommendations, the NJDOH has updated guidance for fully vaccinated persons as it relates to travel. Fully vaccinated persons should get tested 3-5 days after returning to the United States from international travel, but no quarantine following travel or test before travel (unless required by the destination) is needed. For domestic travel within the U.S., no quarantine or test before or after travel is needed for fully vaccinated travelers.

Travel recommendations for persons recently recovered from COVID-19 have also been updated. Similar to fully vaccinated travelers, persons who clinically recovered from COVID-19 in the past 3 months do not need to quarantine after travel. In addition, they do not need to be tested before or after travel, domestic or international.

All travelers should continue to wear a mask while traveling, stay 6 feet from others and avoid crowds, wash hands often or use hand sanitizer, self-monitor for symptoms during and after travel, and self-isolate should symptoms develop. For unvaccinated travelers, or travelers who have not recently recovered from COVID-19, the self-quarantine is voluntary, but compliance is expected.

Updated Documents:

- [Current Restrictions on Travel](#)
- [Recommended Minimum Quarantine Timeframes](#)
- [Guidance for Fully Vaccinated Persons in Non-Healthcare Settings](#)

MIDDLETOWN TOWNSHIP IS SPONSORING WEEKLY

COVID-19 TESTING

(BEGINNING 1/3)

SUNDAYS 9:00 AM-4:00 PM
MONDAYS & FRIDAYS 1:00-7:00 PM
No out of pocket cost

MIDDLETOWN TRAIN STATION
PARKING LOT
MAIN PARKING LOT OFF OF
MIDDLETOWN-LINCROFT ROAD

VISIT WWW.MIDDLETOWNNJ.ORG/COVID19SCREENING
TO REGISTER AND LEARN MORE.



Click [HERE](#) for a link to the current Monmouth County vaccine clinic list. The County is posting a certain amount of appointments directly on [its website](#) and they will be scheduling the rest of their existing waitlist.

Need Support? Resources for Monmouth County Families and Children

If you're struggling with mental health issues, please don't hesitate to reach out for support. Visit [Monmouth ResourceNet](#) for a list of [hotlines/help lines](#).

Click [HERE](#) to access hi-res photos from this e-newsletter.



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