



UPDATE ON TOWNSHIP COVID-19 VACCINATION PRE-REGISTRATION

An advertisement for COVID-19 vaccination pre-registration. The top half is yellow with blue text. It says "MIDDLETOWN TOWNSHIP" on the left and "NOW REGISTERING ONLINE" on the right, with a blue arrow pointing left. Below that is a large "COVID - 19 VACCINATIONS" in blue. The bottom half is white with blue text. It says "Vaccine appointments can be made directly through the Monmouth County website as well as the VNACJ appointment portal for individuals age 18 and over." Below this, in smaller text, it says "Due to a lack of demand, COVID pre-registration appointments will no longer be offered at the Middletown Senior Center." To the right are two logos: the Middletown Township seal and the "COMMUNITY HEALTH CENTER" logo, which includes "Visiting Nurse Association of Central Jersey".

MIDDLETOWN TOWNSHIP **NOW REGISTERING
ONLINE**

COVID - 19 VACCINATIONS

Vaccine appointments can be made directly through the **Monmouth County website** as well as the **VNACJ appointment portal** for individuals age 18 and over.

Due to a lack of demand, COVID pre-registration appointments will no longer be offered at the Middletown Senior Center.

COMMUNITY HEALTH CENTER
Visiting Nurse Association of Central Jersey

Due to lack of demand, COVID-19 vaccination pre-registration will no longer take place at the Middletown Senior Center. Vaccine appointments can be made directly through the Monmouth County website as well as the VNACJ appointment portal for individuals ages 18 and over.

Appointments for the Brookdale Community College vaccination site for next week were posted on the County website today.

The Moderna vaccine is administered at this site, which is for people 18 years of age and older. *No one 16 or 17 years old will be admitted into the clinic.*

Click [HERE](#) to book your appointment. Click [HERE](#) to access a COVID-19 Digital Resources Packet from the NJ Department of Health.



Abe Littenberg Receives 2020 Distinguished Citizen of the Year Award



Pictured from left to right: Abe Littenberg, Linda Littenberg, and Mayor Tony Perry

Mayor Tony Perry and the Middletown Township Committee presented the 2020 Distinguished Citizen of the Year award to Abe Littenberg at the April 19th Township Committee meeting. Abe was recognized for his philanthropic leadership and for being an ardent supporter of Middletown businesses, especially during the COVID-19 pandemic.

As Chairman of the Middletown Economic Development Committee, Abe supported the Township's "Takeout Thursday" initiative by creating a database of local

restaurants to provide an easy way for community members to order meals from their favorite establishments during the lockdown period. Abe also created a COVID-19 economic recovery plan to help fellow business owners navigate the pandemic, all while continuing to run his own Middletown-based businesses, Guttenplan's Frozen Dough and A Child's Place School, a school he owns with his wife Linda. On behalf of Guttenplan's, a facility that produces frozen dough products, Abe also worked with Middletown Social Services and local food banks to donate bread to those in need.

His personal and passionate commitment to bettering the lives of those around him is admired and appreciated. We are incredibly fortunate to call Abe one of Middletown's own. Please join us in congratulating Abe for receiving this prestigious award as well as a Key to the Township!

Click [HERE](#) to watch the April 19th Township Committee meeting.

Happy Earth Month from Middletown Township!



In celebration of Earth Month, Mayor Tony Perry recently visited the Poricy Park Fossil Beds to discuss Middletown's initiatives to help preserve our planet and encourage residents to participate in some of the volunteer opportunities and outdoor activities available through the township. Visit www.middletownnj.org/earthmonth to see how you can make a difference!

Click [HERE](#) to watch the video on the Middletown Township YouTube channel.

Middletown Announces Upgrades to the Recycling Center and Introduces New Ecological Garden



A rendering of the Middletown Township Recycling Center's upcoming upgrades. The rendering was created by Deputy Public Works Director Victor J. Wymbs.

In celebration of Earth Day, Middletown Township announced that it will be making improvements to the Middletown Recycling Center beginning this summer. The Township will be expanding its capacity to better serve residents and installing an Ecological Garden at the front entrance of the Public Works Administration Building (52 Kanes Lane) that will engage the community and highlight the importance of recycling and sustainability.

Click [HERE](#) for more details!



A rendering of the Middletown Township Ecological Garden (created by Deputy Public Works Director Victor J. Wymbs).

Click [HERE](#) for information about ways you can help honor the friends, neighbors, and family members we lost on 9/11 through Middletown's 9/11 20th anniversary donation and sponsorship opportunities. For information and updates, visit www.middletownremembers911.com and follow the Middletown WTC Memorial Gardens Fund on Facebook [@MiddletownRemembers911](#).

The Mayor's Wellness Campaign Kicks off April 28th with Wellness Wednesday!

A graphic for the Mayors Wellness Campaign. It features the text 'MAYORS Wellness CAMPAIGN' in large, stylized red letters. To the right, there is a photograph of various fruits (apples and a grapefruit) on a wooden surface. The background is a light blue with a grid pattern. At the bottom, there is a red banner with the text 'WELLNESS WEDNESDAY' in large, white, outlined letters. Several logos for partner organizations are displayed at the bottom left: Middletown Recreation, Hackensack Meridian Health, American Auto Care, and a logo for 'JERSEY' featuring a silhouette of the state. To the right, there is text for the 'KICK OFF' series, details about virtual meetings, and a call to visit the website for more information.

Join a virtual chat each month with a professional in the health & wellness community. Each month a new topic will be covered. This month, we'll chat with Hackensack Meridian Health – Riverview Medical Center about **Healthy Eating!** The virtual event will be held via Webex at 7:00 PM. Click [HERE](#) for upcoming campaign events and more information.

**Click HERE to go to the meeting link.
Meeting number: 129 289 1905
Password: health**

EMS Department to Hold Field



Training Exercise at Port Monmouth Elementary School on Sun., 4/25

On Sunday, April 25th, the EMS Department will be holding a field training exercise at Port Monmouth Elementary School from 10 AM to 3 PM. It will only be a simulation of an incident, not an actual emergency.



June 8, 2021 Primary Election to be Conducted In Person

Monmouth County Clerk Christine Hanlon is advising all registered voters that the upcoming June 8, 2021 Primary Election will be conducted in the normal course per New Jersey law. The Primary Election will

have in-person voting at polling locations with the use of voting machines. The option to receive a mail-in ballot is also available if a voter does not wish to vote in person.

Click [HERE](#) to read the official press release.

The next quarterly taxes are due May 1, 2021. To avoid interest, please pay your taxes no later than 4:00 PM on May 10, 2021 in the office or 3:00 PM through the website.

Please click [HERE](#) for more information.

MAC's First 2021 Music Cafe Singer-Songwriters Showcase on Saturday, April 25th at 3 PM



Join the Middletown Art Center 's first Music Cafe Singer-Songwriters Showcase of the year! The concert will begin on Sunday, April 25th at 3 PM and take place outdoors on the MAC grounds stage. Local talents Dan Leyes, Shotgun Bill Anania, Kevin J. Allen, Kevin Liebkeman and Andy Brasko will be performing. No registration is required.

Click [HERE](#) to learn more about the event. Visit www.middletownarts.org for weather-related changes.

Mayor's Wellness Campaign Activity: Keeping You & Your Garden Healthy on Saturday, May 1st from 1 PM to 2:30 PM

The poster features a green background with a white header section. The header includes a list of herbs (Bay Leaves, Basil, Cilantro, Dill, Thyme, Lavender, Lemon Verbena, Marjoram, Parsley, Oregano, Peppermint, Sage, Tarragon, Chives, Rosemary) with their names written next to small illustrations. The text 'MAYOR'S WELLNESS ACTIVITY' is in green, 'MAY 1ST | 1:00PM - 2:30PM | PORICY PARK - FARMHOUSE' is in white, and 'KEEPING YOU & YOUR GARDEN HEALTHY' is in large white letters. Below this, it says 'Tips & Tricks from Garden Club R.F.D'. A green 'FREE' box states 'for Middletown residents! Signup required, walk-ups allowed as space permits: WWW.MIDDLETOWNNJ.ORG/SIGNUP'. The footer contains logos for 'MAYOR'S Wellness CAMPAIGN', 'MIDDLETOWN RECREATION', 'MIDDLETOWN ARTS CENTER', and 'SUSTAINABLE JERSEY'.

Did you know that gardening can enhance your overall happiness and well-being? Recent studies show that gardening can help relieve stress, ease depression and anxiety, and can even benefit your heart health by keeping you active. Whether you are a new gardener or someone with an experienced green thumb, spend some time with the knowledgeable members of the RFD Garden Club to learn valuable tips

and tricks.

The first 50 registered attendees will receive a free potted herb to take and plant at home! (One herb plant per family.) Free for Middletown residents. Signup is required, walk-ups are allowed as space permits.

Click [HERE](#) to register.

Mayor's Wellness Campaign Activity: Pickleball on Sunday, May 2nd from 1 PM to 2 PM

MAYOR'S WELLNESS ACTIVITY
PICKLEBALL: TINDALL PARK | 5/02 | 1:00PM - 2:00PM



FREE for Middletown residents! Signup required, walk-ups allowed as space permits:
WWW.MIDDLETOWNNJ.ORG/SIGNUP

   

Try your hand at this exciting sport that combines many elements of tennis, badminton, and ping-pong. A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

Free for Middletown residents. Signup is required, walk-ups are allowed as space permits.

Click [HERE](#) to register.

Register for MTPL's History Lecture & Craft Event by Tuesday, April 27th at 11 AM

Whaling Museum & Education Center

History Lecture & Craft

April 27th at 3:30pm

**SPECIAL IN-
LIBRARY
EVENT!!**

Learn about Yankee whaling,
life on board a whaleship,
and assemble a fun craft!



Open to ALL AGES
Register on the
calendar at mtpl.org



MTPL is partnering with the Whaling Museum and Education Center in Cold Spring Harbor, NY over Zoom on Tuesday, April 27th at 3:30 PM. Patrons have the option to either participate together in the library community room or via Zoom. There will also be craft kits available at the event. People who would rather participate over Zoom can pick up a craft kit ahead of time.

Participants need to register to reserve their place. If you register on the MTPL's calendar, you will receive an email prior to the event with the Zoom information.

Click [HERE](#) to register.



Middletown Senior Center

4/30
MUSICAL
BINGO!

Join in the fun!
Free to Middletown Residents, ages 65+.

- Paint & Sip Classes
- Fitness Classes
- Bingo
- Trivia
- ...& more!

CALL 732-615-2265 OR EMAIL
KDAVIS@MIDDLETOWNNJ.ORG
TO BE INCLUDED IN THE WEEKLY
EVENT UPDATES!

MIDDLETOWN SENIOR CENTER
DEPARTMENT OF RECREATION

Find a monthly newsletter online:
www.middletownnj.org/seniors

Join in the fun! Weekly activities take place virtually all month long. Free to all Middletown residents. Don't miss out, call 732-615-2260 or email kDavis@middletownnj.org to be included in the weekly event updates!

Visit www.middletownnj.org/seniors for the monthly newsletter which highlights all the great upcoming activities!

**Middletown Recreation's Mario Kart Tournament Starts
Saturday, May 1st**



MIDDLETOWN RECREATION

MARIO KART TOURNAMENT
MAY 1 - MAY 8

**REGISTER NOW TO JOIN IN:
WWW.MIDDLETOWNNJ.ORG/SIGNUP**

Rev up your B Dasher and get ready for the 2021 Mario Kart Tournament hosted by Middletown Recreation!

Registered players will compete in the *Mario Kart 8 Deluxe* game on Nintendo Switch. Players will join the tournament from their home, based on their chosen

timeslot, and compete for the top spot. Please note, players must have the Nintendo Switch console and Mario Kart game in order to play. Middletown Recreation will not be providing consoles or game cards to participate. Top competitors (ages six to adult) in each age bracket will receive a prize. Families with multiple competitors will need to register separately, sign up for separate time-slots, and will need to have their own unique Nintendo Account ID.

Free for Middletown residents. Click [HERE](#) to reserve your spot in the tournament.

COVID-19 RESOURCES

Updated Travel Quarantine Guidelines from New Jersey Department of Health



Consistent with CDC's recommendations, the NJDOH has updated guidance for fully vaccinated persons as it relates to travel. Fully vaccinated persons should get tested 3-5 days after returning to the United States from international travel, but no quarantine following travel or test before travel (unless required by the destination) is needed. For domestic travel within the U.S., no quarantine or test before or after travel is needed for fully vaccinated travelers.

Travel recommendations for persons recently recovered from COVID-19 have also been updated. Similar to fully vaccinated travelers, persons who clinically recovered from COVID-19 in the past 3 months do not need to quarantine after travel. In addition, they do not need to be tested before or after travel, domestic or international.

All travelers should continue to wear a mask while traveling, stay 6 feet from others and avoid crowds, wash hands often or use hand sanitizer, self-monitor for symptoms during and after travel, and self-isolate should symptoms develop. For unvaccinated travelers, or travelers who have not recently recovered from COVID-19, the self-quarantine is voluntary, but compliance is expected.

Updated Documents:

- [Current Restrictions on Travel](#)
- [Recommended Minimum Quarantine Timeframes](#)
- [Guidance for Fully Vaccinated Persons in Non-Healthcare Settings](#)

MIDDLETOWN TOWNSHIP IS SPONSORING WEEKLY

COVID-19 TESTING

(BEGINNING 1/3)

SUNDAYS 9:00 AM-4:00 PM
MONDAYS & FRIDAYS 1:00-7:00 PM
No out of pocket cost

MIDDLETOWN TRAIN STATION
PARKING LOT
*MAIN PARKING LOT OFF OF
MIDDLETOWN-LINCROFT ROAD*

VISIT WWW.MIDDLETOWNNJ.ORG/COVID19SCREENING
TO REGISTER AND LEARN MORE.



Click [HERE](#) for a link to the current Monmouth County vaccine clinic list. The County is posting a certain amount of appointments directly on [its website](#) and they will be scheduling the rest of their existing waitlist.

Need Support? Resources for Monmouth County Families and Children

If you're struggling with mental health issues, please don't hesitate to reach out for support. Visit [Monmouth ResourceNet](#) for a list of [hotlines/help lines](#).

Click [HERE](#) to access hi-res photos from this e-newsletter.



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[Instagram](#)

[Youtube](#)

Verizon FiOS Channel 26/Comcast Cable Channel 20

[!\[\]\(c3cffc168beb4396c1e1a5a6db5d66b0_img.jpg\) Share on Facebook](#)

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