

Middletown Minutes

Official Township E-Newsletter



Middletown Municipal Buildings Open to Public with Limited Hours

Additional Departments to Offer Public Hours Starting Monday, June 15

Middletown Municipal Buildings are Open to Public with Limited Hours

Employees and Visitors Required to Wear Masks & Adhere to Social Distancing Guidelines

Municipal Facilities Phase-In Public Hours:

Visit www.middletownnj.org for updates.

Clerk's Office, Town Hall (1 Kings Highway):	9:00 AM - 12:00 PM
Mayor's Office, Town Hall (1 Kings Highway):	9:00 AM - 12:00 PM
Municipal Court Window,* Town Hall (1 Kings Highway): *for all Court matters, call 732-615-2036	12:00 - 3:30 PM
Police Administration,* Town Hall (1 Kings Highway): *Police Desk is open 24/7, call 732-615-2100	9:00 AM - 12:00 PM
Building Department, Croydon Hall (900 Leonardville Road):	8:30 - 11:30 AM
Fire Prevention, Croydon Hall (900 Leonardville Road):	8:30 AM - 11:30 AM
Planning Department, Croydon Hall (900 Leonardville Road):	8:30 AM - 11:30 PM
Purchasing Department, Croydon Hall (900 Leonardville Road):	12:00 PM - 3:00 PM
Tax Collector, Croydon Hall (900 Leonardville Road):	9:00 AM - 12:00 PM
Tax Assessor, Croydon Hall (900 Leonardville Road):	1:00 - 4:00 PM
Health Department (180 Main Street, Port Monmouth):	8:00 AM - 11:00 AM
Public Works Office (52 Kanes Lane):	9:00 AM - 12:00 PM
Recreation Office, Poricy Park (345 Oak Hill Road):	9:00 AM - 12:00 PM



The Senior Center, Middletown Arts Center and Township preschool programs shall remain closed until further notice. For Middletown Township Public Library (55 New Monmouth Road) updates, visit www.MTPL.org.

Middletown Township Recycles 18 Tractor Trailers of Styrofoam!



[Click the picture to learn more about Middletown's Styrofoam recycling program.](#)

Six months ago, Middletown became the first town in New Jersey to provide its residents the ability to [recycle Styrofoam](#). Since that time, we have recycled enough Styrofoam to fill 18 tractor trailers! Rather than sitting in the landfill, this product is now being turned into picture frames and crown moulding at [Princeton Moulding](#). Keep it coming, Middletown!

Styrofoam recycling collection sites are located at the Middletown Recycling Center (52 Kanes Lane; open from 8:30 AM – 4:30 PM Thursday–Monday) and the Middletown Train Station (open 24/7).

ATTENTION RESTAURANT OWNERS:

**Per the State, outdoor dining can begin
Monday, June 15.**

Click [HERE](#) to view Middletown's temporary outdoor dining regulations and information regarding how to submit your conceptual plan.

Visit www.middletownj.org/smallbusiness for information about COVID-19 outdoor dining regulations from the State and Township.

Middletown Township Committee to Host Virtual Meeting on Monday, June 15



Public Can Participate Remotely Through WebEx Event Center

The Middletown Township Committee Regular Meeting on Monday, June 15, 2020 at 7:00 PM will be made available live through WebEx Event Center.

Members of the public are requested to participate remotely by [clicking this event link](#). Attendees will have the opportunity to log in 10 minutes before the meeting

begins so that they have time to set up.

To call in to the meeting, dial 1-408-418-9388. Enter the event access code 129 921 6035 followed by #.

Click [HERE](#) for additional information and to view the meeting agenda.

DEPARTMENT OF PUBLIC WORKS ANNOUNCES MILLING AND PAVING SCHEDULE FOR JUNE

PLEASE BE ADVISED THAT MILLING AND PAVING OF THE ROAD
WILL BEGIN...

ON OR ABOUT:

Tuesday – June 16, 2020 THROUGH Wednesday – June 24, 2020

DURING THIS TIME, THERE WILL BE NO PARKING ON THE FOLLOWING STREETS –
DO NOT LEAVE ANY UNATTENDED CARS:

East End Avenue
2nd Street
3rd Street

4th Street
5th Street
6th Street

8th Street
9th Street
10th Street



Residents living on streets being paved can temporarily park their vehicles in the Belford Engine Company back lot (739 Main Street, Belford) while construction is taking place.



for more information contact Middletown Recreation:
recreation@middletownnj.org

[Click on the image for a sneak peek of what you can expect!](#)

The Middletown (Virtual) Arts Center Presents: Virtual Summer Theater Classes!

Register today for the MAC's 2-week virtual summer theater classes

instructed by award-winning director and professional theater teaching artist, Kathy Connolly.



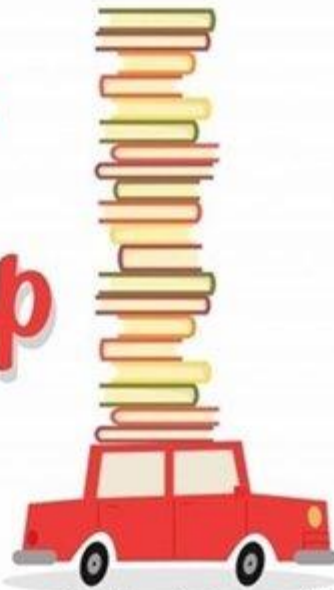
Mini-Broadway Mash-Up! (Ages 7-10) June 22 - July 3, 10-11 AM
Students will explore their creativity and develop skills and confidence in a nurturing and fun Zoom environment. Kids will have fun learning choreography, scenes and songs from Broadway shows! They will have guest teaching artists, crafts and more!

Musical Theater Summer Intensive:(Ages 10-12) July 14-24, 10 AM-Noon
This exciting opportunity is for all levels of performers, ages 10-12. Using a professional conservatory approach, the students will take individual classes in Acting, Voice and Dance. Under the expert instruction of professional theater artists and visiting Master Class teachers, kids will explore their creativity and develop their confidence and skills in a fun and nurturing Zoom environment. The program will culminate with a virtual performance!

Musical Theater Summer Intensive:(Ages 13+) August 3-14, 10 AM-Noon
This exciting opportunity is for older performers, ages 13+, with more advanced techniques. See above for description.

**Middletown Township Public Library
Curbside Pickup is Ready for You!**

Curbside Pickup



Beginning Monday, June 8th, contactless curbside pickup will begin:

- ♦ **Mondays - Thursdays, 11:00 am - 3:00 pm**
- ♦ **Pick up at Library Entrance Canopy**
- ♦ **Notification of item availability will be via email and phone**
- ♦ **Patrons have four days to pick up items**

Books need to be placed on hold. There is a how-to video on the library's website (www.mtpl.org) or you can call 732-671-3700 and connect to the Reference Desk. When the books are available you will be contacted either by phone or email (based on your preferences). You will then have four days to pick them up.

All individuals must wear a mask, park in the patron parking area, and join in the alphabetically-designated line that corresponds to the first letter of your last name. Library cards must be presented to pick up items. Each package will contain the check out slip. *Note the adjusted return date on the slip.

Returns will NOT be accepted in the same location as curbside pickup; returns are accepted Monday & Thursday ONLY, 11am-3pm in the color-coded bins at the rear of the building.

[CLICK HERE TO WATCH THE "HOW-TO" VIDEO.](#)

Takeout Thursdays Restaurant of the Week: Asian Bistro



For this week's [Takeout Thursday](#), Committeewoman Pat Snell tried [Asian Bistro](#) located at 623 Newman Springs Road in Lincroft. They serve a variety of Asian foods including Japanese, Chinese & Thai and offer 10% off for new customers!

[CLICK HERE TO ORDER!](#)

Check Out the Middletown Economic Development Committee's [Restaurant Resource](#) to See Who Is Open for Business!

Middletown's

RESTAURANT RESOURCE

*Join the Middletown Economic Development Committee
in Supporting our Local Restaurants!*

Visit www.middletownnj.org/restaurants to search for your favorite establishment and place an order.

Visit www.middletownnj.org/restaurantmap to use the map tool to see who is open for business.



MIDDLETOWN TRAFFIC ALERTS

MIDDLETOWN TOWNSHIP POLICE DEPARTMENT TRAFFIC ALERTS:


- On Tuesday, 6/16 from 9a-3p Church Street by Transit station closed for road repairs. Follow detours. Expect delays.
- On or about Tuesday, 6/16 to Wednesday, 6/24 from 7a-5p East End Avenue and all the intersecting streets will be milled and paved — no parking.

**WANT REAL-TIME MIDDLETOWN TRAFFIC ALERTS? TEXT
MIDDLETOWNNJ (NO SPACES) TO 888-777 OR VISIT
WWW.MIDDLETOWNNJ.ORG/NIXLE TO
REGISTER VIA EMAIL.**

**Middletown Township Police Department reminds
residents to be wary of scams. As always, please be
cautious when clicking on links sent through
text or email.**

WARNING!

**SCAM
ALERT**



Be Aware

- Your family member is not in jail and does not need to be bailed out. No Law Enforcement Agency will come to your house for bail money nor would a representative from another country. Call the Police Dept. or your relative directly with the number YOU HAVE.
- Your Webcam has not recorded you in the privacy of your home. Please do not send money to prevent your footage from being leaked – place duct tape or a post-it on your webcam if you're concerned.
- Your browser viewing history will also not be leaked to everyone you know if you do not pay a ransom.

Again please contact your Police Department 732-615-2100

COVID-19 RESOURCES



Public Health Advisory: Maintaining and Reopening Building Water Systems: Minimizing Legionella

Public Health Advisory: Maintaining and Reopening Building Water Systems Impacted by Prolonged Shutdown or Reduced Operation - Minimizing Legionella and Opportunistic Bacteria Growth
Distributed by the New Jersey Department of Health

Many buildings may be temporarily shut down or have reduced operations in normal water use due to the COVID-19 pandemic. Periods of little to no water usage may lead to conditions in building water systems which can promote the growth of Legionella and other opportunistic bacteria within weeks or months. To prevent Legionella growth, building water systems must be actively managed and maintained now to prevent future legionellosis outbreaks once buildings reopen or resume normal operations.

For building owners and managers whose building water systems are impacted by a prolonged shut down or reduced operation and would like to properly maintain their building water systems, the New Jersey Department of Health (NJDOH) developed the guidance document, [Maintaining and Reopening Building Water Systems Impacted by Prolonged Shutdown or Reduced Operation: Minimizing Legionella and Opportunistic Bacteria Growth](https://www.nj.gov/health/cd/topics/legion.shtml). This guidance document is available on the NJDOH website at: <https://www.nj.gov/health/cd/topics/legion.shtml>.

NJDOH requests that local health departments further distribute this guidance to building

owners and managers in their jurisdiction. Consider working with local business associations or water utility companies to identify buildings that may be at increased risk. For questions, contact the Legionella team at PreventLD@doh.nj.gov.

MINIMIZING THE RISK OF COVID-19



Positive COVID-19 Test: Updated Instructions & Next Steps



NJ Residents with a Positive COVID-19 Test: Instructions & Next Steps

Question	Instructions
I tested positive for COVID-19. What should I do now?	<p>If you tested positive, you must stay at home and self-isolate. This means stay in a different bedroom from others in your home, and if possible, use a separate bathroom. You must self-isolate until 3 full days (or 72 hours) have passed since you had a fever without the use of fever-reducing medications AND other symptoms are greatly improved AND at least 10 days have passed since symptoms first started, or, if you had no symptoms, stay home 10 days after you received your positive test results.</p> <p>If you live with other people and they were not tested, they should keep their distance from you. This includes not eating meals together and not sitting around the house together. Practice social distancing as much as is possible (stay at least 6 feet from each other).</p>
What should the people who live in my home know/do?	<p>If they are symptomatic (sick; have COVID-19 symptoms), they should also self-isolate for 3 full days (or 72 hours) until they are fever-free without the use of fever-reducing medications AND other symptoms are greatly improved AND at least 10 days have passed since symptoms first started. If the symptoms are mild, they should recover at home. If the symptoms worsen and a medical evaluation is needed, call health care provider. Consider getting a viral COVID-19 test to see if you are currently infected.</p> <p>If they are asymptomatic (not sick; have no COVID-19 symptoms), they should self-quarantine for 14 days AFTER any sick person in the household's self-isolation period ends. If the asymptomatic person develops symptoms, they should follow the self-isolation instructions above. Symptoms may take 2-14 days to appear. It is important to monitor their health long enough to ensure they do not develop symptoms. Consider getting a viral COVID-19 test to see if you are currently infected.</p>
What is the difference between mild and moderate symptoms?	<p>Mild symptoms are when you feel unwell but can stay home and manage at home. Most people with mild symptoms can recover from home. See above for how long you should stay home/self-isolate.</p> <p>Moderate symptoms are those where you may need a medical evaluation from your health care provider. If your symptoms worsen over time and do not get better, especially if you have trouble breathing, call your health care provider to determine next steps.</p>
Should I tell other people that they may have been exposed to the COVID-19 virus?	<p>Those who have been closest to you for a prolonged period of time are going to be at highest risk. Household members and others with whom you spent a prolonged period of time (more than 10 minutes) within 6 feet of you, or shared a meal, would be at increased risk and should be advised to self-quarantine at home for 14 days AFTER your, or any sick household members self-isolation period ends. If the asymptomatic person develops symptoms, they should follow the self-isolation instructions above.</p> <p>People who you did not spend a prolonged period of time (less than 10 minutes) within 6 feet are at lower risk. This would include people that you may have been in an indoor space for a prolonged period of time. They should monitor their health; no restrictions about where they go. They should wash hands often and practice social distancing. If possible, you should notify individuals above regarding your illness. Work or school supervisors may be informed to help with this process.</p> <p>People who you may have casually come into contact with (e.g., passed by in the hall, briefly spent time within a room, shared a short elevator ride), are not considered to be at risk and do not need to be contacted.</p>

For general info about COVID-19, call 1-800-962-1253 or 211 or go to njcovid19.nj.gov or nj.gov/health

May 28, 2020

[Click the picture to enlarge.](#)

Negative COVID-19 Test: Updated Instructions & Next Steps



NJ Residents who Tested Negative for COVID-19: Instructions & Next Steps

Question	Instructions
I had symptoms and tested negative for COVID-19.	If you tested negative for COVID-19 but are currently experiencing symptoms, the recommendation is to stay home and practice social distancing until 72 hours after your fever has ended without the use of fever reducing medications and other symptoms improve. After this time, you may resume regular activities. It is recommended that everyone wears a face covering when in public spaces. This protects you from anyone who may not feel sick (but might be asymptomatic) and able to spread the virus to others. Wash hands and clean and disinfect high-touch surfaces often.
I have no symptoms and tested negative for COVID-19 but <u>live with someone</u> who is COVID-19 positive.	Even though you tested negative and have no symptoms, living with a person with COVID-19 means that you may be exposed to the virus. For this reason, it is recommended that you monitor yourself for symptoms. The person who lives with you has a self-isolation of 10 days from the time symptoms began AND 72 hours (or 3 full days) being fever-free without fever reducing medicine. You are recommended to self-quarantine for 14 days AFTER their self-isolation ends. This is because it may take 2-14 days for symptoms to develop.
I have no symptoms and tested negative for COVID-19 but was told I am a <u>close contact</u> of a person who is COVID-19 positive. Now what?	If you were identified as being a close contact of a COVID-19 person, it is recommended that you self-quarantine for 14 days from the last date of exposure with the person, even if you tested negative. This is because it may take 2-14 days for symptoms to develop. While you are self-quarantining, monitor yourself for symptoms. Close contacts are individuals who were within 6 feet of a lab confirmed COVID-19 case for a prolonged period (about 10 minutes or more) or had direct contact with the infectious secretions of a COVID-19 case (e.g., were coughed on). Walking past a lab confirmed COVID-19 case or just being in the same building does NOT qualify as being a close contact.
What if I tested negative but still feel sick?	If you test negative for COVID-19 but still have symptoms, it is likely you may have another respiratory virus. You should continue to self-isolate yourself from others, practice good hand hygiene and clean and disinfect surfaces in the home. If your symptoms worsen or don't get better after several days, you should call your health care provider. You should not return to work/school or go to public places until 72 hours (3 full days) after your fever has ended without the use of fever-reducing medications and other symptoms have improved.
What other actions should I take to protect my health?	As long as the virus that causes COVID-19 is spreading in your community, continue to practice social distancing, wash hands often and avoid touching your face, and clean and disinfect high-touch surfaces daily in household common areas (e.g. tables, hard-backed chairs, doorknobs, light switches, remotes, handles, desks, toilets, sinks, phones). Wear a face covering when in public places. This protects you from anyone who may not be sick (but may be asymptomatic) and able to spread the virus to others.

For general information about COVID-19, call 1-800-962-1253 or 211. Or go to njcovid19.nj.gov or nj.gov/health

June 3, 2020

[Click the picture to enlarge.](#)

Find a COVID-19 Testing Site Near You

Visit COVID19.nj.gov/testing, click on the "Get Tested For COVID-19" blue button and you will come to an interactive screen that asks for your location. Once you enter your address, a list of testing sites, both private and public, will appear.



In light of the pandemic, we remind you of NJ Mental Health Cares. The state's behavioral health information and referral service offers assistance to people dealing with anxiety and stress related to the COVID-19 outbreak. Residents can call 1-866-202-HELP (4357) for free confidential support. The NJ Mental Health Cares hotline will be answered from 8 a.m. to 8 p.m. seven days a week by live trained specialists.

**Are you a senior or know a
senior in need?**

**Call Middletown Social Services
for help at 732-615-2085.**



COVID-19 SUBSTANCE ABUSE HELP

WE ARE ALL FACING OUR OWN CHALLENGES DURING
THIS UNCERTAIN TIME.

OUR SUBSTANCE ABUSE COUNSELORS AT CROSSROADS ARE
HERE FOR YOU AND OFFERING VIRTUAL SERVICES.

IF YOU, A FRIEND OR FAMILY MEMBER ARE STRUGGLING
CALL 732-615-2277 OR EMAIL
CROSSROADS@MIDDLETOWNNJ.ORG.

Text NJCOVID to 898-211 to receive
information and stay informed.
To receive live text assistance, text
your zip code to 898-211.



NJ 211 has been activated to assist with handling COVID-19 calls from NJ residents. Residents can also text NJCOVID to 898-211 to receive information and stay informed. To receive live text assistance, residents can text their zip code to 898-211.

Register Now for Township Emergency Alerts

Please ensure that you OPT IN to the Township's emergency communications platform to receive real-time emergency alerts regarding public health and safety, traffic detours and severe weather by texting MiddletownNJ to 888-777.

Visit www.middletownnj.org/nixle to register via email.



We strongly encourage each and every resident to register for Township emergency alerts. In the event that something needs to be communicated quickly, including any emergency information about COVID-

19, we need to be able to reach you. Please register for alerts by texting MiddletownNJ to 888-777.

Please share to ensure that everyone is aware!

BRUSH ZONE	START DATE*	STATUS
A	March 18 th	COMPLETED
B	March 18 th	COMPLETED
C	March 23 rd	COMPLETED
D	March 23 rd	COMPLETED
J	March 30 th	COMPLETED
K	April 6 th	COMPLETED
L	April 13 th	COMPLETED
E	April 20 th	COMPLETED
G	April 27 th	COMPLETED
F	May 4 th	COMPLETED
H	May 11 th	In Progress
I	May 18 th	Not Started

* Start dates are approximate and weather dependent

2020 Brush Collection Update
6/12/20

Due to the impact of the COVID-19 pandemic, all Township employees are working an alternating-week schedule, effectively reducing staff by 50%. Crews continue to work diligently to collect brush while still providing other public works essential services during this unprecedented time. We ask for the community's patience as we collect brush in the remaining zones as quickly as possible. Please continue to monitor this web page for updates.

MAX. VOLUME OF BRUSH PILE ACCEPTED = 4 CY (2"W X 3"H X 18'L)
MAX. LENGTH OF TREE LIMBS ACCEPTED = 3 FT
www.middletownnj.com/collection

recyclecoach

Click [HERE](#) to access hi-res photos from this e-newsletter.



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Verizon FiOS Channel 26/Comcast Cable Channel 20

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