



**MIDDLETOWN  
SENIOR CENTER**  
**Croydon Hall**  
**900 Leonardville Road**  
**Leonardo, NJ 07737**  
**Phone: 732-615-2265**  
**www.middlestownnj.org**  
**/seniors**

**Programs & Activities  
For A Vibrant, Active  
Adult Lifestyle!**

*Partially funded under the  
Title III Older Americans Act  
by Monmouth County Office  
on Aging*



**2020 TOWNSHIP  
COMMITTEE**  
**Mayor Tony Perry**  
**Deputy Mayor Tony Fiore**  
**Rick Hibell**  
**Kevin Settembrino**  
**Patricia Snell**

**Anthony P. Mercantante**  
**Township Administrator**

**Janet E. Dellett**  
**Recreation Director**  
**Kourtney Davis**  
**Senior Center Supervisor**

# Middletown Senior Center

## April 2020

Hello Seniors:

I hope this newsletter finds you and your family well and that you are looking forward to when our doors will be open again. We have been closed since March 12, due to Covid 19. The staff has been calling all our members to check in and make sure that you are in touch with your family and friends and that you aren't in need of supplies. We have been relieved to hear that you are doing well and have the supplies and resources, to get you through this trying time. We have also been checking to make sure that we have the correct emergency contact information and email address if you have one. This is a great reminder of why it is so important to renew your membership every year, so that our information is current and up to date.

The best way to stay informed about the center and when it will reopen is by calling the main number at 732-615-2265, or checking the website at [www.middlestownnj.org/seniors](http://www.middlestownnj.org/seniors). I also encourage you to contact us, if you need groceries or assistance and we will try and find you the appropriate resources if you do not have family or friends nearby. If you have friends or family nearby please ask if they can assist you with a grocery pickup when doing their own shopping or placing an online food delivery order for you.

All our local food stores have a designated checkout line and special shopping hours for Seniors. You can also take advantage of having food delivered from a local restaurant if you want a break from cooking and support small business.

Please read the article on page 6 about protecting yourself from Social Security Scams. It is unfortunate that people will take advantage of an already difficult time but please protect yourself by NEVER giving personal information out over the phone.

I hope that the weather will be warm soon, so that while we may not be together you can at least enjoy the warm sunshine and being outside. I speak for all the staff by saying, you are in our thoughts and we look forward to seeing you soon.

*Kourtney, Sue, Teri  
Celeste, Joe, & Al*

**2020**  
**IMPORTANT DATES**  
**TO REMEMBER**

**Dates are subject to change and appointments are required, please call or see Teri to confirm at**

**732-615-2265**

**Between 8:30 - 1:30 p.m.**

**State Health Insurance Plan (SHIP)**

Thursday, May 7

Thursday, June 4

Thursday, July 2

Thursday, August 6

Thursday, September 3

Thursday, October 1

Thursday, November 5

Thursday, December 3

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**South Jersey Legal Services, Inc.**

***One-half hour appointment for each senior 60+ with Legal Questions.***

Tuesday, June 16

Tuesday, September 15

Tuesday, December 15

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**VNA Nurse**

**9:30 am to 11:30 am**

Tuesday, April 28

Tuesday, May 26

Tuesday, June 23

Tuesday, July 28

Tuesday, August 25

Tuesday, September 22

Tuesday, October 27

Tuesday, November 24

Tuesday, December 22



Anthony Perito  
Diane Perito  
Marilyn KohlBecker  
Erwin Taper  
Gaetan Peters  
Harriet Button  
James Davis  
Patricia Davis  
Joan Mezzacappa  
Kathleen Kestler  
Nancy Wackstein  
Janet Currig

With Heartfelt  
*Sympathy*

Maureen Meehan



**THANK YOU** to all of the Middletown Senior Center volunteers that help this center run as well as it does!  
**We couldn't do it without you!!**

## **Senior Center Membership & Registration**

**Are you looking for a place to socialize, exercise, or go on some trips? Join the Senior Center! If you are interested in becoming a member of the Senior Center you must be age 60+ and independent.**

**Membership is *FREE* for Middletown residents. Non-residents may join for a monthly fee of \$4.50.**

### **Annual Membership Renewal**

**Current members, please stop by the center and check your registration card to make sure the information is current, your emergency contact information is up to date and that we have your email address.**

***Thank you!***

### **WEATHER CONDITIONS**

**Please remember in case of snow or icy conditions, call the Center at 732-615-2265, to see if your class, scheduled speaker or special event has been cancelled.**

**Your safety is our first priority!**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<p><b>*DENOTES: *PRE-REGISTRATION REQUIRED (Call for details )</b></p> <p><b>PLEASE NOTE: CENTER CALENDAR IS SUBJECT TO CHANGE WITHOUT NOTICE</b></p>	<p><b>CENTER HOURS: MONDAY THROUGH FRIDAY 8:30 AM TO 4:30 PM</b></p> <p><b>732-615-2265</b></p>	<p><b>1</b></p> <p><b><i>Closed</i></b></p>
<p><b>6</b></p> <p><b><i>Closed</i></b></p>	<p><b>7</b></p> <p><b><i>Closed</i></b></p>	<p><b>8</b></p> <p><b><i>Closed</i></b></p>
<p><b>13</b></p> <p><b><i>Closed</i></b></p>	<p><b>14</b></p> <p><b><i>Closed</i></b></p>	<p><b>15</b></p> <p><b><i>Closed</i></b></p>
<p><b>20</b></p> <ul style="list-style-type: none"> <li>◆ Please call 732-615-2265</li> <li>◆ For information on re-opening</li> </ul>	<p><b>21</b></p> <p>To be determined</p>	<p><b>22</b></p> <p>To be determined</p>
<p><b>27</b></p> <p>To be determined</p>	<p><b>28</b></p> <p>To be determined</p>	<p><b>29</b></p> <p>To be determined</p>

<b>Thursday</b>	<b>Friday</b>
2 <i>Closed</i>	3 <i>Closed</i>
9 <i>Closed</i>	10 <i>Closed</i>
16 <i>Closed</i>	17 <i>Closed</i>
23 To be determined	24 To be determined
30 To be determined	<b>May 1</b>

stay

VIGILANT

Protect yourself from theft schemes  
targeting personal information, resources.



FOR IMMEDIATE RELEASE <https://oig.ssa.gov> March 20, 2020 Inspector General Warns Public About New Social Security Benefit Suspension Scam The Inspector General of Social Security, Gail S. Ennis, is warning the public about fraudulent letters threatening suspension of Social Security benefits due to COVID-19 or coronavirus-related office closures. The Social Security Administration (SSA) will not suspend or discontinue benefits because their offices are closed. The Social Security Office of the Inspector General has received reports that Social Security beneficiaries have received letters through the U.S. Mail stating their payments will be suspended or discontinued unless they call a phone number referenced in the letter. Scammers may then mislead beneficiaries into providing personal information or payment via retail gift cards, wire transfers, internet currency, or by mailing cash, to maintain regular benefit payments during this period of COVID-19 office closures. As of Tuesday, March 17, 2020, local SSA offices are closed to the public due to COVID-19 concerns; however, Social Security employees continue to work. Social Security will not suspend or decrease Social Security benefit payments or Supplemental Security Income payments due to the current COVID19 pandemic. Any communication you receive that says SSA will do so is a scam, whether you receive it by letter, text, email, or phone call. Social Security will never:

- threaten you with benefit suspension, arrest, or other legal action unless you pay a fine or fee;
- promise a benefit increase or other assistance in exchange for payment;
- require payment by retail gift card, cash, wire transfer, internet currency, or prepaid debit card;
- demand secrecy from you in handling a Social Security-related problem; or
- send official letters or reports containing personally identifiable information via email.

If you receive a letter, text, call or email that you believe to be suspicious, about an alleged problem with your Social Security number, account, or payments, hang up or do not respond. We encourage you to report Social Security scams using our dedicated online form, at <https://oig.ssa.gov>. Please share this information with your friends and family, to help spread awareness about Social Security scams.



# on the MOVE!!!

*What does the sneaker mean for trips ?*

This is a guide to let you know how much walking will be involved on a certain trip.

Little walking involved 

Moderate walking involved 

Large amount of walking involved 

**All future trips have been postponed pending Covid 19 information and precautions.**

## Atlantic City Trips To Resorts Casino

**The following trips are all subject to change and are pending at this time.** 

- FRIDAY, APRIL 17TH - CANCELLED
- FRIDAY, MAY 8TH
- FRIDAY, JUNE 12TH
- FRIDAY, JULY 10TH
- FRIDAY, AUGUST 14TH
- FRIDAY, SEPTEMBER 18TH
- FRIDAY, OCTOBER 16TH
- FRIDAY, NOVEMBER 20TH



Tickets for members are \$30.00. It includes: \$25.00 Slot play, Round Trip Transportation & **GRATUITY**. Lunch is on your own.

**Please carry your File of Life with you for all trips, so you have emergency contact and medication information on you at all times.**