Members’ Corner

Senior Center Membership & Registration

Are you looking for a place to socialize, exercise, or go on some trips? Join the Senior Center! If you are interested in becoming a member of the Senior Center you must be a Middletown Township Resident, age 60+, and independent.

Current members, please stop by the center and check your registration card to make sure the information is current. In order to attend center trips registration must be up to date and renewed each year. See a staff member for help.

Welcome New Members!
Janet Gutt • Michelle Gregorio • Michael Healey • Marian Conner • Lucille Cline • Yvonne Thome • Edward & Catherine Feehey • Paul Russo • Patricia Eilasson • Jeanne DeVizio • Milton Kurkemets • Donald & Judith Aramiee • Barbara Casey • Eileen Hutton

Get Well Wishes!
Frank Kakol • Nicholas Sica • Margaret Butt

With Sympathy
Victoria Mikulak • Tina Desheimer • Anthony Buccafusco

Middletown Senior Center

Special Events

Middletown Day
Saturday, September 26
11:00am—5:00pm
Croydon Hall Grounds

Don’t miss this fun Fall Festival—activities for all ages—Craft fair, games, entertainment, petting zoo, hayrides, Granny’s tag sale, business & community showcase food court & much more! Event is rain or shine. Anyone age 60+ can reserve a table for $15.00 for the Tag Sale. Speak to Patrice for details & sign-up. Transportation available to Center members by advance reservation. Please call the Center for more information.

Jeopardy w/ Comforcare
Tuesday, September 8
1:00 pm
East Wing

Join Kelly from ComforCare to test your knowledge—you’ll be surprised at how smart you really are!

NJ Dept. of Consumer Affairs
Thursday, September 10
1:00 pm
East Wing

Are you a smart consumer? Let the NJ Dept. of Consumer Affairs give you information to help you avoid being a victim of current scams.

Pizza & Movie
Monday, September 14
11:30 Pizza
12:00 Noon—Movie

Sign up w/ Sue by 9/11 to see a current movie—order pizza if you wish—$3.00 for 2 slices & a drink. Free popcorn & iced tea served with the movie!

Cooking Demo
Tuesday, September 15
1:00pm
East Wing

Join Patrice & Sue as they show you tasty & easy ways to add healthy & nutritious grains to your diet. Sign up w/ Sue by 9/11.

The program is partially funded under Title III of the Older Americans Act as amended through a grant by the Monmouth County Office on Aging.
Weekly Classes & Activities at the Center


10:00am Senior Shape Up
Come enjoy some aerobic exercise with the group.

9:45am Senior Shape Up
Come enjoy some aerobic exercise with the group.

11:00am Line Dancing
Join instructor Marilyn Cosby for an hour of exciting dance moves to great music.

11:30am Line Dancing
Join instructor Marilyn Cosby for an hour of exciting dance moves to great music.

11:00am Bridge/Hearts
New & experienced players wanted!

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New & experienced players wanted!

10:00am Paint Chips
Tap into your creativity while making new friends. Join our NJ Certified Art Teacher, Donna Como for painting & drawing classes which include: watercolor, acrylics, mixed media, collage, art journaling, crafts, & more. Fees apply. Sign-up with Patrice.

10:00am Snack Chips
Tap into your creativity while making new friends. Join our NJ Certified Art Teacher, Donna Como for painting & drawing classes which include: watercolor, acrylics, mixed media, collage, art journaling, crafts, & more. Fees apply. Sign-up with Patrice.

10:00am Senior Shape Up
Come enjoy some aerobic exercise with the group.

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10:00am Billiards
Play until 2:30.

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Play until 2:30.

10:00am Zumba
Come enjoy some aerobic exercise with the group.

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11:00am Walking Group
Summer Bowling begins at 12:00 Noon
Join us at Brunswick Bowl in Hazlet. Play games for $5.00.

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1:00pm Activity varies by date
• Sep 3: 12:30pm Pneumonia & Shingles Shots w/Rite-Aid & Bingo
• Sep 10: Consumer Affairs Speaker
• Sep 24: Emergency Preparedness OEM Speaker

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** If you have questions about a program, or would like to make a suggestion, please speak to Patrice

Future Trips and Ticket Sales

Resorts Casino, Atlantic City
Fri, Sep 4
Tickets on Sale: Tue, Aug 25
Fee: $25 Members/$28 Non-members
Bus leaves Center 9:00am & CC at 9:15am. Returns 7:00pm. Includes $25 comp, transportation, and driver tip.

Octoberfest—Royal Manor Garfield, NJ
Tue, Oct 6
Tickets on Sale: Tue, Sep 1
Fee: $66
Bus leaves Center 9:30am & CC at 9:45am. Returns 5:30pm. Includes show, family-style lunch, two drink tickets, transportation, taxi and driver tip.

Resorts Casino, Atlantic City
Fri, Oct 16
Tickets on Sale: Tue, Sep 8
Bus leaves Center 9:00am & CC at 9:15am. Returns 7:00pm. Includes $25 comp, transportation, and driver tip.

Transportation
Anyone wishing to use Transportation must fill out and carry with them a “File of Life” packet which includes your emergency contact and medical information including prescriptions. These forms may be picked up from Transportation.

Sandy Hook Picnic
September 11th
Box Lunch $5.00
Sign up with Celeste by 9/4

Out to Lunch
September 16th
I-Hop in Hazlet

Interfaith Neighbors Nutrition Center
732-291-0999
Please call to make reservations is you cannot make it into the center. The Nutrition Center is open Monday—Friday. Lunch is served daily at 11:30am. Meals on Wheels is funded through the generosity of donations & grants. Consider being a volunteer driver for the Meals on Wheels. All lunches are $2.50. Please order 24 hours in advance by 12:00pm. All SPECIALS are $3.00 unless otherwise noted. Order SPECIALS 7 days ahead.

September 2015

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1 SPECIAL Cheesburger
Order by 8/25

2 Chicken Parm Sandwich

3 Tuna Salad

4 Bacon, Lettuce & Tomato Sandwich

6 Chicken Parm Sandwich

8 Ham & Swiss Sandwich

10 Lasagna

11 Fish Dinner

13 Eggplant Parmigiana

15 Turkey & Provolone Sandwich

16 Lasagna

17 SPECIAL Grilled Chicken Caesar
Order by 9/10

18 Philly Cheese Steak

20 Swedish Meatballs

22 Baked Chicken

23 Pork Chops

24 SPECIAL Chicken Salad
Order by 9/17

25 Tuna Salad

26 Chevrolet

All SPECIALS are $3.00 unless otherwise noted. Order SPECIALS 7 days ahead.
# Middletown Senior Center September Transportation

**732-615-2265**

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<td>1:00 Team Trivia</td>
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<td>Christmas Tree &amp; Top Tomato</td>
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<td>Monday Movie</td>
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<td>12:15 Tai Chi</td>
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<td>1:00 Jeopardy</td>
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<td>12:15 Tai Chi</td>
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<td>Farmers Market Lloyd Road</td>
<td>11:00 Knitting</td>
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<td>Middletown Day 11:00am—2:30pm</td>
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<td>12:15 Tai Chi</td>
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<td>1:00 Fall Craft</td>
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<td>1:00 Bingo</td>
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<td>Sears &amp; Bed, Bath, &amp; Beyond</td>
<td>1:00 Fall Craft</td>
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**Please write your name and phone number at the top of this form.**

1. Circle the trips you would like to attend.
2. Leave the schedule with Transportation Department for approval, or call to get on trip list .
3. After the trips are approved, Transportation Dept. will return schedule with trips marked O.K.
4. Trips may be cancelled if there are not enough participants.
5. If you are canceling a trip you need to speak with Transportation or leave a message on voicemail .
6. To use the buses you must carry “A FILE OF LIFE” packet at all times. See Transportation Department for details. If you have a medical emergency at the center or on a trip 911 is called.