


# FEBRUARY 2020

## Interfaith Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
3* Roast Turkey	4* Egg Salad	5* Lasagna	6* Chicken Parm	7* Swedish Meatballs
10* Tuna Salad	11**SPECIAL Beef Chili	12* Spinach Omlet	13* Pork Chops	14* Baked Chicken
17 Center Closed	18 Meatloaf Dinner	19**SPECIAL Broccoli & Chicken Alfredo	20***SPECIAL Valentine's Day Brunc	21* Fish
24* Spaghetti & Meatballs	25* Pork Chops	26* Dairy Meal 	27**SPECIAL Cheeseburger & Fries	28* Tuna Salad

MARY - NUTRITION  
732-291-0999

COST:  
\$2.50 - \*  
EVERYDAY LUNCH

\$3.00 - \*\*  
EVERYDAY LUNCH  
SPECIAL

\$4.00 - \*\*\*  
HOLIDAY LUNCHES/  
BRUNCHES