



Local Teen Turns the Town Teal in September to Raise Awareness for Ovarian Cancer



Emily Mackrell and her boyfriend Jason Allen met with Mayor Tony Perry earlier this month to discuss their Turn the Town Teal initiative in Middletown.

During the month of September, Middletown High School North junior Emily Mackrell will be turning the town teal as part of the statewide “Turn the Towns Teal” campaign to help educate the public about ovarian cancer. Emily’s older sister Courtney started the Middletown campaign back in 2007 because their grandmother was diagnosed with a late stage of ovarian cancer. She wanted to show her Grandma support while also raising awareness of its symptoms to help women avoid the same fate.

Emily and fellow volunteers will tie biodegradable teal ribbons around trees and poles throughout Middletown to raise awareness. Please stop by Town Hall for a teal ribbon pin you can wear to help call attention to this disease.

Turn The Towns Teal® is the inspiration of Gail MacNeil of Chatham, NJ. Volunteers, statewide, tie ribbons throughout town centers and hand out symptom cards during the month of September, which is National Ovarian Cancer Awareness Month.

Visit www.turnthetownsteal.org for more information on the campaign.

**The Department of Public Works Provides Helpful Hints
on How to Properly Dispose of Brush**

3 Ways to Properly Dispose of Brush

If you have brush to dispose of, please consider these options as the Township will not be returning until the Spring:

- Store Brush on Your Property Until Spring 2020 (Do Not Leave in Street)
- Drop Off Your Brush for FREE at the Recycling Center (52 Kanas Lane)
- Have Your Landscaper Drop Off Brush (Disposal Fees Apply)

Click [HERE](#) for more information or email recycling@middletownnj.org.



Town Hall will be lit up purple over the weekend to recognize August 31, 2019 as Overdose Awareness Day in Middletown. We encourage the community to remember those affected by overdose and reach out to Crossroads, the Township's substance abuse program, should they or a loved one need help with battling addiction. Call 732-615-2277 to speak with a counselor.



Help #BeTheEyesOnTheRise Along the Jersey Shore

It's "Capture the King Tide Week" Through September 2nd

The term "King Tide" is used to describe the highest seasonal tides that occur each year. These extreme tides typically happen when the sun, moon and Earth align during a New and Full Moon.

Today's King Tides will be average tides of the future. Help #BeTheEyesOnTheRise along the Jersey Shore by taking part in a crowd sourcing effort to document areas around the Shore that are already experiencing nuisance flooding. To participate, post pictures to the King Tide Facebook event page.

The data and photos collected through the #CaptureTheKing Tide effort will be publicly available for all to use, learn from and document local trouble spots.

Middletown Recreation Announces September Mayor's Wellness Campaign Activities

Middletown Recreation announced its September Mayor's Wellness Campaign (MWC) community events and registration information for the inaugural Mayor's 5K Challenge on Saturday, October 19th.

September's MWC events that are free to residents include:

Wellness Seminar: "Back to School: Nutrition & Active Children"

Thursday, September 12th from 6:30-7:30 PM

Middletown Senior Center (900 Leonardville Road, Leonardo)

Start the school year off healthy! Tonja Werkman, Registered Dietitian from Hackensack Meridian, will speak about carbohydrates, protein, fats, vitamins, minerals and hydration as it affects children and their activities. She will also speak about supplements, exercise and healthy snacks & lunches for kids to take to school.

Physical Activity: Pickleball

Saturday, September 21st at 9:00 AM

Normandy Park (Nut Swamp Road, Middletown)

Try your hand at this exciting sport that combines many elements of tennis, badminton and ping-pong. A paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Come play on our newly-lined courts!

Register Now for the Mayor's 5K Challenge on Saturday, 10/19
All Proceeds to Benefit Middletown's First Responders

[Click the picture to learn more!](#)



Get organized for
BACK TO SCHOOL

Sign up with **burbio** to easily add school, sports and Township events to your calendar!

Free To Sign Up & Download

Download on the App Store | Get it on Google play | amazon alexa

UPCOMING EVENTS

"Middletown Remembers" September 11th



Middletown Remembers September 11th

18th Anniversary of the
World Trade Center Tragedy
Wednesday, September 11th, 7:15 PM

*Join us for a moment of silence and wreath tribute to honor the
37 Middletown friends and neighbors we lost 18 years ago in the World Trade Center attack.*

Middletown WTC Memorial Gardens
36 Church Street, Middletown, NJ 07748
(next to the Middletown Arts Center)

Park at the Middletown Train Station. Police will be directing traffic. Tribute will be held rain or shine.

If you have any questions, please contact the Mayor's Office at 732-615-2024 or mayorsoffice@middletonnj.org.

CLICK THE PICTURE TO VIEW THE INVITATION.

**THE HEALTH DEPARTMENT IS OFFERING A CAT-ONLY
FREE RABIES CLINIC ON SATURDAY, SEPT. 14TH**

Pre-Register for Sat. 9/14 Cat-Only Rabies Clinic

The cat-only Rabies Clinic will be held on Saturday, September 14th from 9:00 a.m. to 10:30 a.m. at the Croydon Hall Gym, 900 Leonardville Rd, Leonardo.
All cats must be accompanied by owner and in its own carrier.

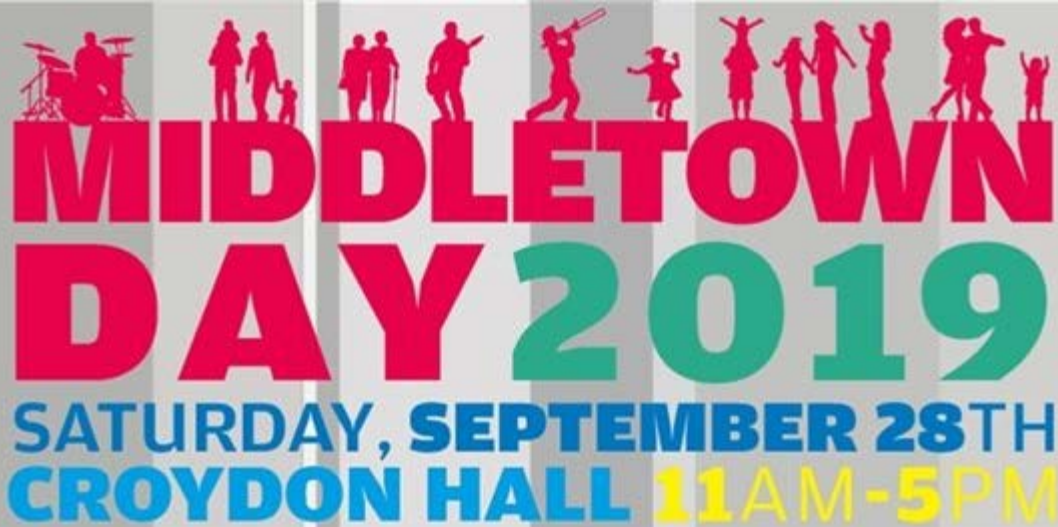
There are no fees for the Rabies vaccination. Please contact Animal Control at 732-615-2097 for more information.

**Microchips are being offered for FREE which includes lifetime national database registration.
This is available to Middletown residents who have or purchase a license at the clinic.*



Save time and don't wait in line!
Click [HERE](#) to pre-register.

CLICK THE PICTURE TO PRE-REGISTER!

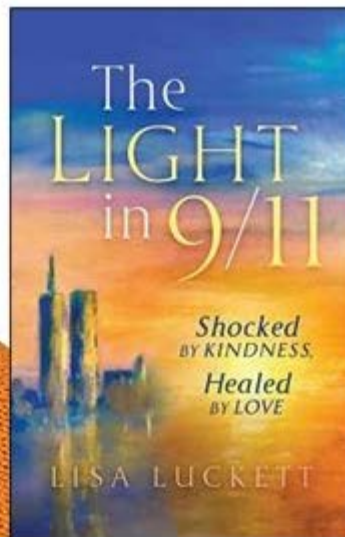


[Click on the picture to learn more!](#)

**THE MTPL PRESENTS: "THE LIGHT IN 9/11" on
Thursday, 9/5**

Book and Author Talk presents

Lisa Lockett



Thursday, Sep 5th, 7:00 pm



Middletown Township Public Library
55 New Monmouth Road
732-671-3700
www.mtpl.org

CLICK ON THE PICTURE TO LEARN MORE!

THE MIDDLETOWN ARTS CENTER PRESENTS: "Butterfly Confessions" on September 6-8, 14-15

Butterfly Confessions

CATEGORY: THEATER

PRESENTER: DUNBAR REPERTORY COMPANY



BUTTERFLY CONFESSIONS, a stage-play, is a love letter to women of color that reveals heartfelt emotions about intimacy and overcoming adversity. The play blends humor and heartbreak with education, empowerment and inspiration while bringing awareness to domestic violence and HIV/AIDS. Butterfly Confessions was created and conceived by Dr. Yetta Young but was a collective effort. Please note that this performance includes adult language and content.

Directed by: Darrell Lawrence Willis, Sr.
Assistant Director: Mark Antonio Henderson
Production Stage Manager: Janet Clarke Graham



[Click on the picture to purchase tickets!](#)

Home Rehabilitation Program Public Information Session at Tonya Keller Community Center on Tuesday, 9/10

**Middletown Township
HOME REHABILITATION PROGRAM**

September 10th @ 7:00pm
Tonya Keller Community Center, 50 Bray Avenue, North Middletown

If you are a Middletown homeowner, you may be eligible for a home rehabilitation grant of up to \$25,000 from the Township's Home Rehabilitation Program funded by the U.S. Department of Housing and Urban Development, Community Development Block Grant (CDBG) Program. The Home Rehab Program assists low- and moderate- income households to repair or replace older systems in the home such as plumbing, heating, roof, or electric. Handicap accessibility improvements are also eligible.

The Director of Community Development will be available at the next Ideal Beach Community Association meeting for questions on Tuesday, September 10th at 7pm at the Tonya Keller Community Center, 50 Bray Avenue in North Middletown. The facility is handicap accessible. Applications will be available for distribution.

For more information about the Middletown Township Home Rehab Program, you can call our office (732) 615-2281 or visit online at www.middletownnj.org

Si usted es un propietario de Middletown, usted puede ser elegible para una beca de rehabilitación de la casa de hasta \$25,000 del programa de rehabilitación del hogar del municipio financiado por el Departamento de vivienda y desarrollo urbano de los Estados Unidos. Este programa es para hogares de bajos y moderados ingresos. Llame al (732) 615-2281.

FY2019 Household Income Limits	
Household Size Max	Gross Income
1 person	\$52,850
2 people	\$60,400
3 people	\$67,950
4 people	\$75,500
5 people	\$81,550
6 people	\$87,600
7 people	\$93,650
8 people	\$99,700

[Click on the picture to learn more.](#)



Monmouth & Navesink Avenue Road Closure Update

Gray Supply has been working in the area of Monmouth Avenue and Navesink Avenue replacing gas lines. They are anticipating the work will be completed this month. While they are working roads will be intermittently closed in the area and detours will be in place.

Route 35 Construction Project

Construction work on Route 35 began Monday, May 6th northbound from Cooper's Bridge (Red Bank) to Cherry Tree Farm Road and southbound from Cherry Tree Farm Road to New Monmouth Road.

Road work will be done with temporary lane closures from 9:00 AM to 2:00 PM and from 8:00 PM to 6:00 AM. All work is weather-dependent.

The project, which consists of repairs and replacement of concrete vertical curb, installation of public curb ramps, repairs to drainage structures and resurfacing of the roadway, is estimated to be completed by December 2019.

Please keep an eye out for possible changes to the schedule.

NJNG Paves Roads as Part of Gas Main Replacement Program

Starting mid-July, New Jersey Natural Gas will be paving the following roads as part of their gas main replacement program:

- Thompson Ave. Side Streets, North Middletown
- Longwood Ave. & Associated Streets, Middletown
- Collins Ave. & Creek Rd., Port Monmouth
- Reilly St. & Kelly St., North Middletown
- Chapel Hill Rd., Middletown
- Chamone Ave. & Tensch Ave., Leonardo
- Oakwood Way, Middletown
- Southside Ave. & Portland Rd., Middletown



Got Bags?

Help Middletown's recycling efforts by dropping off your clean plastic bags at the Plastic Bag Collection Bin at the Middletown Recycling Center (52 Kanes Lane).



Visit www.middletownnj.org/PlasticBags for more information.

THE MIDDLETOWN TOWNSHIP FIRE DEPARTMENT IS

SEEKING VOLUNTEERS!



WE NEED VOLUNTEERS.

JOIN TODAY

www.MTFDNJ.org **#MTFDpride**

D. DOHERTY

MIDDLETOWN FIRE DEPARTMENT

[CLICK HERE TO LEARN MORE!](#)

MIDDLETOWN EMERGENCY MEDICAL SERVICES SEEKS VOLUNTEERS!



MIDDLETOWN EMERGENCY MEDICAL SERVICES DEPARTMENT SEEKS RESIDENTS TO VOLUNTEER FOR FIRST AID SQUADS

ARE YOU INTERESTED IN KEEPING OUR COMMUNITY SAFE AND HELPING YOUR NEIGHBORS IN A TIME OF NEED?

JOIN ONE OF THE 5 VOLUNTEER FIRST AID SQUADS.

CALL 732-615-2252 OR EMAIL PUBLICINFO@MIDDLETOWNEMS.ORG TO LEARN MORE ABOUT THE SQUAD THAT SERVES YOUR NEIGHBORHOOD AND HOW TO VOLUNTEER. **NO EXPERIENCE NECESSARY.**

 [FACEBOOK.COM/MIDDLETOWNNJEMS](https://www.facebook.com/middletownnjems)





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