

Middletown Minutes

Official Township E-Newsletter



**Mayor's Wellness Campaign Activity Series:
Join Us for FREE Yoga in the Park TOMORROW
Saturday, 7/20 at 9 AM**



Hot & Soul Yoga will be presenting Yoga in the Park on Saturday, July 20th at 9:00 AM at Poricy Park (345 Oak Hill Road). This yoga session will give you an opportunity to wake up, stretch and find your inner peace — a great way to start the weekend! If you need a yoga mat, please call 732-615- 2260 to reserve one as there are a limited number of mats available.

**Keep Track of the Township's Fun Summer Events
with Burbio.com!**

DON'T MISS OUT ON ANY OF THE TOWNSHIP'S FUN SUMMER EVENTS!

REGISTER WITH  WHERE YOU CAN SEE EVENTS PRESENTED BY MIDDLETOWN RECREATION, THE MAC AND THE MTPL ALL IN ONE PLACE!



FREE TO SIGN UP & DOWNLOAD



Congratulations to Our Police Youth Week Graduates!



Last week, the Middletown Township Police Department held its first Police Youth Week Camp of the summer. There were 67 children, between the ages of 8 to 11, who participated in this program that gave them their first exposure to law enforcement at the recruit phase.

The Police Youth Week program is a combination of classroom style learning and physical training. Participants learned firsthand about a wide variety of law enforcement training and techniques including officer safety, crime scene investigations, traffic enforcement, the K-9 unit as well as the U.S. Coast Guard's role in law enforcement. The program also emphasized the importance of citizenship and community policing.

The week concluded with a graduation ceremony on Friday, July 12th at the Brookdale Student Life Center. Each graduate received a certificate from Deputy Chief Robert Stefanski and a well-earned cadet badge from Committeewoman Pat Snell. Mayor Perry and Police Chief Craig Weber congratulated each child with a handshake. Kudos to our Police Youth Week graduates and the dedicated officers

who run this amazing program: Sgt. Gardiner, Sgt. Gigante, Cpl. Seymour, Cpl. Kennedy, Cpl. Riffert, Ptl. Carr, Ptl. Cruz and Ptl. Burke!

Check out the New "Greetings From Ideal Beach" Sign!



Pictured from left: Committeeman Rick Hibell, Ideal Beach Community Association VP, Trustee & Recording Secretary Jack LeRoy, Trustee Maureen Winski, President Sandra Vazquez, Art Kaney (the Doodle Dude) and Mayor Tony Perry.

The Middletown Township Committee presented a "Greetings From Ideal Beach" sign to the Ideal Beach Community Association at the Monday, July 15th Township Committee meeting held at the Tonya Keller Community Center. The sign was created by Art Kaney (AKA the Doodle Dude) and was installed on the Ideal Beach concession stand this week. We hope you'll visit the neighborhood to check it out!

Local Teen Grows Vegetable Garden for Those in Need



Girl Scout Gabriella Graham harvests the "fruits" of her labor in the Garden for the Poor.

Girl Scout Gabriella Graham held a dedication for her "Garden for the Poor" Silver Award Project on Sunday, July 14th. The garden grows next to the "Barn for the Poorest of the Poor" on Kanés Lane.

The owners of the Barn and volunteers will tend to the garden and distribute the vegetables to families in need.



Pictured from left: Girl Scouts of the Jersey Shore CEO Eileen Higgins, Executive Directors of the Barn for the Poorest of the Poor Gerry Duffy and Karin Duffy, Gabriella Graham and Middletown Township Committeewoman Pat Snell.

Monmouth Museum Offers Diverse Programming for All Ages



[*Mayor Tony Perry and Committeewoman Pat Snell enjoyed touring the Monmouth Museum with Executive Director Donna Kessinger and Education Programs Manager Catherine Esposito.*](#)

On Friday, July 12th, Mayor Tony Perry and Committeewoman Pat Snell joined Executive Director of the Monmouth Museum Donna Kessinger for a tour of the 15,000 square foot museum and arts educational center with exhibition spaces and two children's wings. The tour included the exciting exhibit celebrating "Woodstock

at 50" (open now until September 1st) as well as learning about the museum's diverse programming, workshops and arts experiences for children and adults.

Middletown residents are invited to bring their copy of this newsletter for one free admission to the Monmouth Museum now through September 1st. The museum is located in Lincroft on the campus of Brookdale Community College (765 Newman Springs Road). For more information, visit www.monmouthmuseum.org!



JCP&L Offers Tips For Excessive Heat

Per an advisory distributed by JCP&L on Tuesday, July 16th, they are prepared to meet the anticipated increase in customer electricity usage that comes with a heat wave. Their system is designed and maintained to operate safely and efficiently even when temperatures soar, and their crews have reviewed hot weather operational procedures to ensure any power outages are handled promptly.

Click [HERE](#) for tips about how to stay comfortable while using electricity wisely during this period of high demand.

An advertisement for cooling centers. It features a close-up of a gold-colored thermometer against a blue background. The thermometer shows a temperature of approximately 100 degrees Fahrenheit. The text "Need a place to COOL DOWN?" is written in large, bold, white letters. Below it, a white box contains the text "Call 732-615-2100 if you are in need of a cooling center." in blue and black.

UPCOMING EVENTS

FREE PAPER & DATA
 **SHREDDING EVENT**



SATURDAY 7.27.19
9:00 AM- 1:00 PM



MIDDLETOWN HIGH SCHOOL NORTH (63 TINDALL ROAD)

MONMOUTH COUNTY AND GUARDIAN DATA DESTRUCTION ARE OFFERING AN OPPORTUNITY FOR MIDDLETOWN RESIDENTS TO DISPOSE OF PAPER DOCUMENTS AND DATA (I.E. CELL PHONES, HARD DRIVES, THUMB DRIVES, ETC.) TO BE RECYCLED SAFELY. [CLICK HERE](#) TO LEARN MORE.



[Register for summer camps at the Middletown Arts Center \(36 Church Street\) starting July 15th!](#)



MIDDLETOWN
RECREATION

MIDDLETOWN TOWNSHIP PRESENTS

MIDDLETOWN NIGHT

July 25, 2019 | 7:05 PM



VS.

**\$15 TICKET INCLUDES:
SEAT, HOT DOG, SODA, & ICE CREAM**

Purchase tickets in person at the MiddleTown Recreation office
located at Poricy Park, 345 Oak Hill Road, Red Bank.

**THE MTPL PRESENTS: ONE SMALL STEP-
THE REAL LIFE JOURNEY OF OUTER SPACE**




for grades K-5

Thursday, July 25th, 4:00 pm

ONE SMALL STEP

The Real-Life Journey to Outer Space



presented by 

Few events in human history have captured the imagination like the journey that humankind took to the moon.

Follow the history of flight and space travel from the ancient tale of Icarus to the first flights of the Wright Brothers on the Kitty Hawk beaches to the Great Space Race of the 1960s and beyond.

Learn about the real life people that took *One Small Step*.

register online at mtpl.org



Middletown Township Public Library
55 New Monmouth Road
732-671-3700 www.mtpl.org

[CLICK ON THE PICTURE TO REGISTER!](#)

Join Us for Our Third Annual National Night Out on
Tuesday, 8/6!



Tuesday ★ August 6, 2019
5:00-8:00 PM
Poricy Park Nature Center ★ 345 Oak Hill Road

Join us for FREE Live Music, Fingerprinting,
K-9 Demonstrations, Police Equipment Displays,
Impaired Driving Simulator, Dunk Tank, Face Painting,
Giveaways and more!



POLICE ★ COMMUNITY PARTNERSHIP



Visit NATW.ORG for more information on National Night Out.

**Memorial Sloan Kettering Cancer Center to Hold FREE
Head and Neck Cancer Screenings in
Middletown on Thursday, 7/25**

Memorial Sloan Kettering Cancer Center Honors
World Head and Neck Cancer Day

Free Head and Neck Cancer Screenings

Wednesday, July 24, 2019
8:00 AM to 3:00 PM

MSK Bergen
225 Summit Avenue
Montvale, NJ

Please call **201-775-7219**
to schedule an appointment.
Walk-ins are also welcome.

Thursday, July 25, 2019
8:00 AM to 3:00 PM

MSK Monmouth
480 Red Hill Road (Lower Concourse)
Middletown, NJ

Please call **846-225-6535**
to schedule an appointment.
Walk-ins are also welcome.

Friday, July 26, 2019
8:00 AM to 3:00 PM

MSK Basking Ridge
136 Mountain View Boulevard
Basking Ridge, NJ

Please call **908-542-3331**
to schedule an appointment.
Walk-ins are also welcome.

What is head and neck cancer?

This type of cancer can occur in the nasal passages, mouth, throat, or voice box. Thousands of people are newly diagnosed with head and neck cancer each year. Many of them can be cured. The best chance for a cure is when the cancer is found early.

What are the warning signs?

- frequent nose bleeds
- ongoing nasal congestion
- a persistent sore or growth in the mouth or throat
- constant earaches
- a lasting change in the voice
- bloody phlegm lasting several days
- a lump in the neck lasting more than two weeks
- problems swallowing

What does a screening involve?

- In the ten-minute exam, a nurse practitioner will look for signs of head and neck cancer.
- Resources will be provided on quitting tobacco and nutrition.

Who should be screened?

- Adults who have a history of smoking, drinking alcohol, chewing tobacco, human papillomavirus, excessive exposure to the sun (sunburns), or radiation to the head and neck area
- Adults who have noticed any of the warning signs of head and neck cancer

SPONSORED BY
Memorial Sloan Kettering Cancer Center Head and Neck
Service and Departments of Surgery



**Memorial Sloan Kettering
Cancer Center**

A member of the Memorial Sloan Kettering-
Hackensack Meridian Health Partnership

Sign up to receive additional MSK news for the community
at mskcc.org/CommunityNews

[Click HERE to learn more!](#)

**NJNG Paves Roads as Part of
Gas Main Replacement Program**

Starting mid-July, New Jersey Natural Gas will be paving the following roads as part of their gas main replacement program:

- Thompson Ave. Side Streets, North Middletown
- Longwood Ave. & Associated Streets, Middletown
- Collins Ave. & Creek Rd., Port Monmouth
- Reilly St. & Kelly St., North Middletown
- Chapel Hill Rd., Middletown
- Chamone Ave. & Tiensch Ave., Leonardo
- Oakwood Way, Middletown
- Southside Ave. & Portland Rd., Middletown



Got Bags?

Help Middletown's recycling efforts by dropping off your clean plastic bags at the Plastic Bag Collection Bin at the Middletown Recycling Center (52 Kanes Lane).



Visit www.middletownnj.org/PlasticBags for more information.

THE MIDDLETOWN TOWNSHIP FIRE DEPARTMENT IS
SEEKING VOLUNTEERS!

WE NEED VOLUNTEERS.

JOIN TODAY

www.MTFDNJ.org **#MTFDpride**

[CLICK HERE TO LEARN MORE!](#)

MIDDLETOWN EMERGENCY MEDICAL SERVICES SEEKS VOLUNTEERS!

MIDDLETOWN EMERGENCY MEDICAL SERVICES DEPARTMENT SEEKS RESIDENTS TO VOLUNTEER FOR FIRST AID SQUADS

ARE YOU INTERESTED IN KEEPING OUR COMMUNITY SAFE AND HELPING YOUR NEIGHBORS IN A TIME OF NEED?

JOIN ONE OF THE 5 VOLUNTEER FIRST AID SQUADS.

CALL 732-615-2252 OR EMAIL PUBLICINFO@MIDDLETOWNEMS.ORG

TO LEARN MORE ABOUT THE SQUAD THAT SERVES YOUR NEIGHBORHOOD AND HOW TO VOLUNTEER.

NO EXPERIENCE NECESSARY.



FACEBOOK.COM/MIDDLETOWNNJEMS



Palmer Avenue Closed for Road and Drainage Improvements



Palmer Avenue (County Road 7) will be closing for road and drainage improvements for approximately 45 days, beginning on July 15th, depending on weather. It will be closed at Middlewood Road. No thru traffic. Detours will be in place. If you have any questions regarding this detour, please call the County at 732-431-7760.

Monmouth & Navesink Avenue Road Closure Through End of July

Gray Supply will be working in the area of Monmouth Avenue and Navesink Avenue replacing gas lines for the next several weeks. They are anticipating the work will be complete near the end of July. While they are working roads will be intermittently closed in the area and detours will be in place.

Route 35 Construction Project

Construction work on Route 35 began Monday, May 6th northbound from Cooper's Bridge (Red Bank) to Cherry Tree Farm Road and southbound from Cherry Tree Farm Road to New Monmouth Road.

Road work will be done with temporary lane closures from 9:00 AM to 2:00 PM and from 8:00 PM to 6:00 AM. All work is weather-dependent.

The project, which consists of repairs and replacement of concrete vertical curb, installation of public curb ramps, repairs to drainage structures and resurfacing of the roadway, is estimated to be completed by December 2019.

Please keep an eye out for possible changes to the schedule.

Click [HERE](#) to access hi-res photos from this e-newsletter.




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