



**Keep Track of the Township's Fun Summer Events  
with Burbio.com!**



**Seniors Celebrate New Bus!**



*Director of Public Works Ted Maloney, Mayor Tony Perry, Senior Center Bus Driver Celeste Prusakowski, Senior Center Director Becky Stauffer, Recreation Director Janet Dellett and Township Administrator Tony Mercantante raise a toast to the new jitney with some members of our senior community.*

The Middletown Senior Center celebrated the arrival of their new state-of-the-art bus on Tuesday, July 9th. The bus, which is powered entirely by natural gas, will provide transportation for our wonderful seniors to and from the Center (900 Leonardville Road). Mayor Tony Perry helped christen the much-anticipated jitney with a toast to our seniors and the Senior Center staff.

Click [HERE](#) to watch the new bus being delivered and Mayor Perry's toast.  
Click [HERE](#) for information and program listings for the Senior Center.

## Jersey Shore Workcamp Volunteers Help Bayshore Area Residents with Home Improvements



Middletown Township would like to thank the 300 Jersey Shore Workcamp volunteers from around the country for donating their time and supplies in making repairs and improvements to the homes of disabled, low-income and elderly residents living in the Bayshore area. Throughout the work week,

volunteers repaired an average of 70 homes.

Mayor Tony Perry visited Hazlet Middle School on Wednesday, July 10th to present a proclamation to Jersey Shore Workcamp Coordinators Bill and Gail Bechtoldt and to commend the Church Sponsors, Project Coordinators and especially the young leaders for their incredible contribution to our residents.



Mayor Tony Perry stopped by one of Middletown Recreation's Summer Camps on Tuesday, July 9th to chat with campers and check out some of the program offerings which include arts & crafts, sports, games and more!

Click [HERE](#) to learn more about our summer camps.

## UPCOMING EVENTS




[Register for summer camps at the Middletown Arts Center \(36 Church Street\) starting July 15th!](#)

**Mayor's Wellness Campaign Activity Series:  
Join Us for Yoga in the Park on Saturday, 7/20 at 9 AM**




Hot & Soul Yoga will be presenting Yoga in the Park on Saturday, July 20th at 9:00 AM at Poricy Park (345 Oak Hill Road). This yoga session will give you an opportunity to wake up, stretch and find your inner peace — a great way to start the weekend! If you need a yoga mat, please call 732-615- 2260 to reserve one as there are a limited number of mats available.

# Harry Potter Escape Room



Test your detective skills in solving Harry Potter themed puzzles to escape from the Harry Potter Escape Room in 30 minutes.  
Groups of 2-5 people can be accommodated.  
Some knowledge of Harry Potter is recommended.  
Register ***IN PERSON*** at the Reference Desk.  
Previous participants may not sign up again.

**Saturday, July 20th**  
**by appointment *ONLY***

 Middletown Township Public Library  
55 New Monmouth Road  
732-671-3700 [www.mtpl.org](http://www.mtpl.org)

Join Us for Our Third Annual National Night Out on

**Tuesday, 8/6!**



**Tuesday ★ August 6, 2019**  
**5:00-8:00 PM**  
**Poricy Park Nature Center ★ 345 Oak Hill Road**

Join us for **FREE** Live Music, Fingerprinting,  
K-9 Demonstrations, Police Equipment Displays,  
Impaired Driving Simulator, Dunk Tank, Face Painting,  
Giveaways and more!



**POLICE ★ COMMUNITY PARTNERSHIP**



Visit [NATW.ORG](http://NATW.ORG) for more information on National Night Out.

**Memorial Sloan Kettering Cancer Center to Hold FREE  
Head and Neck Cancer Screenings in  
Middletown on Thursday, 7/25**

Memorial Sloan Kettering Cancer Center Honors  
World Head and Neck Cancer Day

# Free Head and Neck Cancer Screenings

**Wednesday, July 24, 2019**  
8:00 AM to 3:00 PM

**MSK Bergen**  
225 Summit Avenue  
Montvale, NJ

Please call **201-775-7219**  
to schedule an appointment.  
Walk-ins are also welcome.

**Thursday, July 25, 2019**  
8:00 AM to 3:00 PM

**MSK Monmouth**  
480 Red Hill Road (Lower Concourse)  
Middletown, NJ

Please call **848-225-6335**  
to schedule an appointment.  
Walk-ins are also welcome.

**Friday, July 26, 2019**  
8:00 AM to 3:00 PM

**MSK Basking Ridge**  
136 Mountain View Boulevard  
Basking Ridge, NJ

Please call **908-542-3331**  
to schedule an appointment.  
Walk-ins are also welcome.

**What is head and neck cancer?**

This type of cancer can occur in the nasal passages, mouth, throat, or voice box. Thousands of people are newly diagnosed with head and neck cancer each year. Many of them can be cured. The best chance for a cure is when the cancer is found early.

**What are the warning signs?**

- frequent nose bleeds
- ongoing nasal congestion
- a persistent sore or growth in the mouth or throat
- constant earaches
- a lasting change in the voice
- bloody phlegm lasting several days
- a lump in the neck lasting more than two weeks
- problems swallowing

**What does a screening involve?**

- In the ten-minute exam, a nurse practitioner will look for signs of head and neck cancer.
- Resources will be provided on quitting tobacco and nutrition.

**Who should be screened?**

- Adults who have a history of smoking, drinking alcohol, chewing tobacco, human papillomavirus, excessive exposure to the sun (sunburns), or radiation to the head and neck area
- Adults who have noticed any of the warning signs of head and neck cancer

SPONSORED BY  
Memorial Sloan Kettering Cancer Center Head and Neck  
Service and Department of Surgery



**Memorial Sloan Kettering  
Cancer Center**

A member of the Memorial Sloan Kettering-  
Hackensack Meridian Health Partnership

Sign up to receive additional MSK news for the community  
at: [mskcc.org/CommunityNews](http://mskcc.org/CommunityNews)

[Click HERE to learn more!](#)

## 3 Summer Food Safety Tips from the Middletown Health Department



- Keep cold food cold, at or below 40 °F. Place food in coolers or in shallow containers nestled in ice. BAC (harmful bacteria) grows most rapidly between 40 °F and 140 °F, doubling in number in as little as 20 minutes! This range of temperatures is often called the "[Danger Zone](#)."
- Keep hot food hot, at or above 140 °F. Place cooked food in chafing dishes, preheated steam tables, warming trays, and/or slow cookers.
- Don't leave food out for more than one hour if the temperature is above 90 degrees.

Check out the [Fight BAC website](#) for more summer food safety tips!

## NJNG Paves Roads as Part of Gas Main Replacement Program

Starting mid-July, New Jersey Natural Gas will be paving the following roads as part of their gas main replacement program:

- Thompson Ave. Side Streets, North Middletown
- Longwood Ave. & Associated Streets, Middletown
- Collins Ave. & Creek Rd., Port Monmouth
- Reilly St. & Kelly St., North Middletown
- Chapel Hill Rd., Middletown
- Chamone Ave. & Tiensch Ave., Leonardo
- Oakwood Way, Middletown
- Southside Ave. & Portland Rd., Middletown



# Got Bags?

Help Middletown's recycling efforts by dropping off your clean plastic bags at the Plastic Bag Collection Bin at the Middletown Recycling Center (52 Kanes Lane).



Visit [www.middletownnj.org/PlasticBags](http://www.middletownnj.org/PlasticBags) for more information.



## 2019 Paper Shredding Event in Middletown



**Saturday, July 27th**  
**Middletown High School North (63 Tindall Road)**  
**9:00AM-1:00PM**

Monmouth County has scheduled paper shredding events in local communities so that residents have an opportunity to get rid of old documents and confidential files safely. County residents may bring up to 100 lbs. to be shredded.

Documents should be free of large binder clips. Staples and paper clips may be left on documents.

**THE MIDDLETOWN TOWNSHIP FIRE DEPARTMENT IS  
SEEKING VOLUNTEERS!**

**WE NEED VOLUNTEERS.**

**JOIN TODAY**

**www.MTFDNJ.org**      **#MTFDpride**

[CLICK HERE TO LEARN MORE!](#)

**MIDDLETOWN EMERGENCY MEDICAL SERVICES SEEKS VOLUNTEERS!**

**MIDDLETOWN EMERGENCY MEDICAL SERVICES DEPARTMENT SEEKS RESIDENTS TO VOLUNTEER FOR FIRST AID SQUADS**

**ARE YOU INTERESTED IN KEEPING OUR COMMUNITY SAFE AND HELPING YOUR NEIGHBORS IN A TIME OF NEED?**

**JOIN ONE OF THE 5 VOLUNTEER FIRST AID SQUADS.**

CALL 732-615-2252 OR EMAIL [PUBLICINFO@MIDDLETOWNEMS.ORG](mailto:PUBLICINFO@MIDDLETOWNEMS.ORG) TO LEARN MORE ABOUT THE SQUAD THAT SERVES YOUR NEIGHBORHOOD AND HOW TO VOLUNTEER. **NO EXPERIENCE NECESSARY.**

 [FACEBOOK.COM/MIDDLETOWNNJEMS](https://www.facebook.com/middletownnjems) 

**Palmer Avenue Closed for Improvements Starting Monday, 7/15**

Starting Monday, July 15th Palmer Avenue (County





Road 7) will be closing for road and drainage improvements for approximately 45 days, depending on weather. It will be closed at Middlewood Road. No thru traffic. Detours will be in place. If you have any questions regarding this detour, please call the County at 732-431-7760.

### **Middletown Lincroft Road Detour on Wednesday, 7/17**

Weather-permitting, Middletown Lincroft Road will be closed on Wednesday, July 17th between Castle Drive and Holland Road from 9:00 AM-4:00 PM. Please follow the posted detours.

### **Monmouth & Navesink Avenue Road Closure Through End of July**

Gray Supply will be working in the area of Monmouth Avenue and Navesink Avenue replacing gas lines for the next several weeks. They are anticipating the work will be complete near the end of July. While they are working roads will be intermittently closed in the area and detours will be in place.

### **Route 35 Construction Project**

Construction work on Route 35 began Monday, May 6th northbound from Cooper's Bridge (Red Bank) to Cherry Tree Farm Road and southbound from Cherry Tree Farm Road to New Monmouth Road.

Road work will be done with temporary lane closures from 9:00 AM to 2:00 PM and from 8:00 PM to 6:00 AM. All work is weather-dependent.

The project, which consists of repairs and replacement of concrete vertical curb, installation of public curb ramps, repairs to drainage structures and resurfacing of the roadway, is estimated to be completed by December 2019.

Please keep an eye out for possible changes to the schedule.

Click [HERE](#) to access hi-res photos from this e-newsletter.



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**Verizon FiOS Channel 26/Comcast Cable Channel 20**



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