

# “Green” Tips from the Middletown Green Team

## Nicole’s Green Tips:

- Replace paper napkins with cloth napkins in the home. Also a money saver!
- Replace paper towels with rags or clothes that can be washed for cleaning in the home. Also a money saver!
- Collect #5 plastic containers, such as yogurt cups, bring to Whole Foods where they have a deposit for them to be recycled.
- Use Wool dryer balls instead of dryer sheets. You can add a drop of scented oil to them if you prefer a sweet smell.
- Eat leftovers first as not to produce more food waste.

## Gene’s Green Tips:

- Set up a rain barrel to water gardens.
- Use towels or rags instead of paper towels when cleaning. They can always be washed.
- Try to repurpose old toys and clothes. Friends, second hand shops, organizations ect...

## Tony’s Green Tips:

- I re-use all of my old t shirts as rags for a while before getting rid of them. They are way better for cleaning things than paper towels.

## Garry’s Green Tips:

- Carry a glass or stainless steel water bottle instead of plastic bottled water.
- Brew your own coffee at home. It's cheaper and you don't waste a plastic-lined paper cup and plastic lid every day.
- Reusable shopping bags - leave them in your car, bike, purse or backpack so you don't forget them at the store.

## Lynn’s Green Tips:

- I carry a metal drink bottle and also purchased 1 dozen metal straws, gave some to my friends also that I know use straws.
- Consider setting up a plastic tote or crate in your house to collect recyclables, so that when it’s time to empty into your curbside recycling Blue Cart, you can dump the items in loose

## Janet’s Green Tips

- As my boys and I walk the dog, or ride bikes, we carry a garbage bag and collect trash in our neighborhood. My boys get very upset by the garbage in the streets but are excited to help clean the environment. We pretty much do that everywhere we go.

## Amy’s Green Tips

- If you make kid lunches every day, consider reusable snack and sandwich bags, water bottles, and utensils. Cuts down on waste.
- Remember to bring your reusable bags when you head to the supermarket. Keep them in your trunk.
- When you go out to dinner, consider bringing a Tupperware for the leftover food instead of the Styrofoam containers provided by the restaurant.
- Consider a countertop container to collect your food scraps (veggies and fruits, egg shells and coffee grounds) to start food composting in your back yard.

# 2019

## Green Team Members

Katelyn Krynski	Seat I
Gene Grano	Seat II
Richard DeBenedetto	Seat III
Eric Hoblitzell	Seat IV
Ted Maloney	Seat V
Janet Dellett	Seat VI
Anthony Mercantante	Seat VII
Vacant	Seat VIII
Garry Brozyna	Seat IX
Lynn Mattei	Seat X
Brian Martin	Seat XI

### **How to Join the Green Team?**

To express interest, please contact the Township Clerk's Office by calling (732) 615-2015 for assistance.