



Students at Saint Leo's Learn About Role of Local Government and Law Enforcement



On Tuesday, March 26th, Mayor Tony Perry and members of the Middletown Township Police Department's K-9 Unit visited Saint Leo's School in Lincroft to discuss the role of local government and the police. Sergeant Brian McGrogan and his K-9 partner Jax along with Patrolman Frank Mazza and K-9 Maverick spoke about the responsibilities of the Police Department and the different jobs of their K-9 counterparts. Mayor Perry spoke about the goals of local government and the importance of working together to accomplish what is best for our community. He also demonstrated some of Maverick's duties to show how he helps prevent crimes.

St. Augustine's Monastery Hosts Annual Irish Brunch in Honor of Our Lady of Knock



On Sunday, March 24th Mayor Tony Perry and Committeewoman Pat Snell attended a mass and Irish brunch in honor of Our Lady of Knock to support the Ecumenical Missionary Fathers at St. Augustine's Monastery, located at Highway 36 and Church Street in Belford. All donations received at the event benefited the Ecumenical Missionary Fathers at St. Augustine's Monastery who aid those who are struggling with hunger in our area. We are so thankful to have an organization committed to helping those in need in our community.



Mayor Tony Perry congratulates Recreation Director Janet Dellett (left) and Marketing and Special Events Coordinator Kimberly Lofgren on their commitment to excellent programming.

Middletown Recreation Recognized by New Jersey Recreation and Parks Association

The Middletown Recreation Department was recently recognized by the New Jersey Recreation and Parks Association (NJRPA) for their outstanding work.

Recreation Director Janet Dellett won the "Excellence in Health & Wellness Programming" category for ***Middletown Moves***, a program that began in 2016 as a way to promote health and wellness among Township employees. Recreation's Marketing and Special Events Coordinator Kim Lofgren won the ***Agency Showcase Award for Design Excellence*** for a promotional postcard for the Annual Santa Ferry Ride.

The Recreation Department will continue their commitment to supporting the health and wellness of our community through the upcoming ***Mayor's Wellness Campaign***. The campaign is set to kick off next month and will provide monthly opportunities for residents to participate in free health and wellness seminars and activities at our Recreation Facilities throughout town such as tennis, beach volleyball, bike rides, yoga classes and more! The ***Mayor's Wellness Campaign*** will culminate with the first annual Mayor's 5K at this year's Harvest Hullabaloo at Poricy Park on Saturday, October 19th. All proceeds will benefit Middletown's first responders.

Be on the lookout for the schedule of events and how to register on

our Township's website!

Middletown Hosts Fourth Mobile Town Hall Event at Fairview First Aid



On Thursday, March 28th residents had the opportunity to meet with members of the Township Committee, Department Heads and staff at the fourth Mobile Town Hall event this month at Fairview First Aid.

Thank you to all the residents who came out to these events in the Township's effort to bring Town Hall closer to your neighborhood.

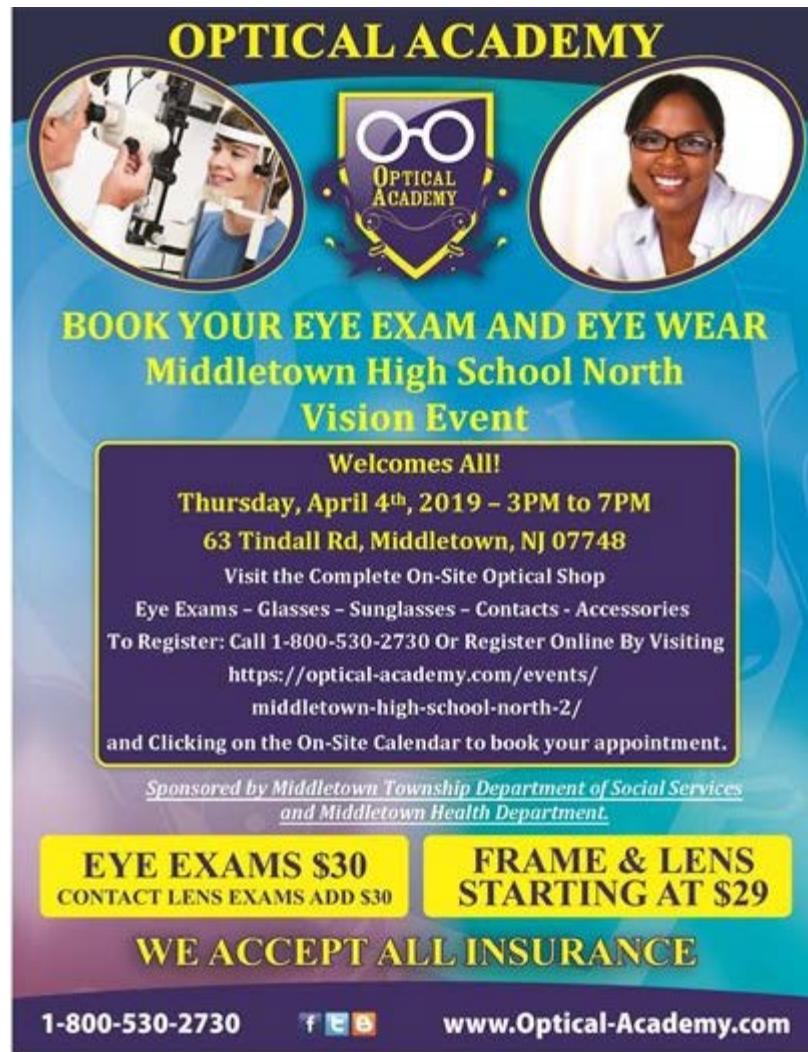
Easy Access to Public Notices

The Township Clerk's Office has created a section on its landing page where residents can easily find new Ordinance Notices announcing when the public hearings will be.

Click [HERE](#) to view Current Public Notices.



The Middletown Health Department and the Optical Academy to Host Low Cost Eye Exam and Eye Wear Event on Thursday, 4/4



OPTICAL ACADEMY

BOOK YOUR EYE EXAM AND EYE WEAR
Middletown High School North
Vision Event

Welcomes All!
Thursday, April 4th, 2019 - 3PM to 7PM
63 Tindall Rd, Middletown, NJ 07748
Visit the Complete On-Site Optical Shop
Eye Exams - Glasses - Sunglasses - Contacts - Accessories
To Register: Call 1-800-530-2730 Or Register Online By Visiting
[https://optical-academy.com/events/
middletown-high-school-north-2/](https://optical-academy.com/events/middletown-high-school-north-2/)
and Clicking on the On-Site Calendar to book your appointment.

*Sponsored by Middletown Township Department of Social Services
and Middletown Health Department.*

EYE EXAMS \$30
CONTACT LENS EXAMS ADD \$30

FRAME & LENS
STARTING AT \$29

WE ACCEPT ALL INSURANCE

1-800-530-2730    www.Optical-Academy.com

[**Click on the picture to sign up!**](#)

**Monmouth County Hosts 8th Annual
Made in Monmouth Event on Saturday, April 13th**

EIGHTH ANNUAL • EIGHTH ANNUAL • EIGHTH ANNUAL • EIGHTH ANNUAL



Made in

MONMOUTH

Products made in Monmouth County will be on display and for sale

**April 13, 2019, 10 a.m. - 4 p.m.
OceanFirst Bank Center at
Monmouth University
Larchwood Ave., West Long Branch
Free admission and parking!**

732-431-7470 or www.madeinmonmouth.com

Sponsored by the

Monmouth County Board of Chosen Freeholders

in partnership with Monmouth University



Non-perishable food items
will be collected for Fulfill
(Formerly the FoodBank of
Monmouth and Ocean
Counties)



[Click on the picture to learn more!](#)

Middletown Township Launches Recycling Education Campaign

Middletown is launching a Recycling Education Campaign that will take place through Earth Day (April 22nd). The purpose of the campaign is to help residents understand what can and cannot be recycled and how to do so properly in our single stream recycling system.



When a town does not recycle properly, it increases the cost of garbage and recycling collection, which will directly impact taxpayers. "Plastic bags are a tremendous problem in our recycling stream," stated Mayor Tony Perry. "If we don't address the issue now it will not only prove detrimental to the environment but also drive up the cost of waste removal significantly in the future." To learn more about plastic bags and how they can affect taxes, visit www.middletownnj.org/plasticbags.

The driving force of this campaign is to correct how we recycle as a whole in Middletown and to teach residents about the importance of keeping recyclables loose in the cart and not placing them in plastic garbage or grocery bags. "In Middletown, plastic bags are

responsible for over 70% of the contamination of our single stream recycling," explained Department of Public Works Director (DPW) Ted Maloney. "Although they have a recycling label, they cannot be processed in single stream recycling and must be dealt with separately."

Click [HERE](#) for more information.

Upcoming Events



Register Now for Middletown Recreation's Summer Camp!

The Department of Recreation is pleased to announce its annual Summer Recreation Program. This year they have added a few options to better meet the needs of our Middletown families, including a trip-based camp for older campers. Sign up for one week or sign up for them all! Camps start the week of July 1st and are designed for children age 3 through grade 9. Programs are based upon the child's grade in which they are entering Fall 2019.

Both residents and non-residents can register via the [Community Pass website](#). In-person registration will take place Monday through Friday from 9:00 AM - 4:00 PM at Poricy Park, 345 Oak Hill Road.



The Middletown Arts Center Presents: Dance for Parkinson's Program by the American Repertory Ballet
Fridays, April 19 - May 17, 11 AM - 12:15 PM, FREE!

This program is for people with Parkinson's Disease and their caregivers. Each class has live music and creates a warm sanctuary for movement exploration and a social atmosphere to support artistic ventures. Click [here](#) to watch a video of the class.

[**LEARN MORE.**](#)

6-Week Diabetes Self-Management Program at MTPL
Beginning Wed. 4/3 @ 1:00 PM

DIABETES

SELF - MANAGEMENT

A FREE SIX-WEEK COURSE

presented by



Quality Insights
Quality Innovation Network
in conjunction with

hysi
ACCELERATING HEALTHCARE QUALITY IMPROVEMENT

funded by
Medicare

Topics include:

- Understanding risk factors for diabetes
- Monitoring our body
- Controlling diabetes through nutrition and exercise
- Diabetes complications
- Learning about medications

Receive complimentary literature and resources

Wednesdays, Apr 3rd - May 8th, 1:00 pm

register online @ mtpl.org


Middletown Township Public Library
55 New Monmouth Road
732-671-3700
www.mtpl.org

[Click HERE for more information.](#)

This six-week course is designed to help people with pre-diabetes and existing diabetes gain a better understanding of diabetes self-care. Topics include: Understanding Risk Factors for Diabetes, Monitoring Your Body, Controlling Diabetes through Nutrition and Exercise, Diabetes Complications, and Learning about Medications. A free program funded by Medicare and provided by Quality Insights in conjunction with Healthcare Quality Strategies. Each participant will receive complimentary literature and resources.

Middletown Community Affairs Council to Hold Youth Job Fair Wed., 4/10 at Middletown North

MIDDLETOWN YOUTH JOB FAIR

WHEN: WEDNESDAY, APRIL 10TH FROM 7:00-8:30PM

WHERE: MIDDLETOWN HIGH SCHOOL NORTH (63 TINDALL RD.)

The Middletown Youth Job Fair, organized by the Middletown Community Affairs Council, is a great way for Middletown youth and employers to meet regarding job opportunities in a relaxed and organized setting.

No registration is required for students and there is no charge to employers wishing to participate.



Employers who would like to join can contact
Mitch Gotesky (732-915-2445/nycred1@aol.com) or
John Giordano (732-996-7495/johngiordano@yahoo.com).



Please Consider Donating Goods for Easter Baskets to Those in Need



PLEASE DO NOT PUT YOUR RECYCLABLES IN PLASTIC BAGS



[Click on the picture to learn more!](#)

Click [HERE](#) to access hi-res photos from this e-newsletter.



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