Students at Saint Leo's Learn About Role of Local Government and Law Enforcement

On Tuesday, March 26th, Mayor Tony Perry and members of the Middletown Township Police Department's K-9 Unit visited Saint Leo's School in Lincroft to discuss the role of local government and the police. Sergeant Brian McGrogan and his K-9 partner Jax along with Patrolman Frank Mazza and K-9 Maverick spoke about the responsibilities of the Police Department and the different jobs of their K-9 counterparts. Mayor Perry spoke about the goals of local government and the importance of working together to accomplish what is best for our community. He also demonstrated some of Maverick's duties to show how he helps prevent crimes.

St. Augustine’s Monastery Hosts Annual Irish Brunch in Honor of Our Lady of Knock
On Sunday, March 24th Mayor Tony Perry and Committeewoman Pat Snell attended a mass and Irish brunch in honor of Our Lady of Knock to support the Ecumenical Missionary Fathers at St. Augustine’s Monastery, located at Highway 36 and Church Street in Belford. All donations received at the event benefited the Ecumenical Missionary Fathers at St. Augustine’s Monastery who aid those who are struggling with hunger in our area. We are so thankful to have an organization committed to helping those in need in our community.

Middletown Recreation Recognized by New Jersey Recreation and Parks Association

The Middletown Recreation Department was recently recognized by the New Jersey Recreation and Parks Association (NJRPA) for their outstanding work.

Recreation Director Janet Dellett won the "Excellence in Health & Wellness Programming" category for Middletown Moves, a program that began in 2016 as a way to promote health and wellness among Township employees. Recreation's Marketing and Special Events Coordinator Kim Lofgren won the Agency Showcase Award for Design Excellence for a promotional postcard for the Annual Santa Ferry Ride.

The Recreation Department will continue their commitment to supporting the health and wellness of our community through the upcoming Mayor’s Wellness Campaign. The campaign is set to kick off next month and will provide monthly opportunities for residents to participate in free health and wellness seminars and activities at our Recreation Facilities throughout town such as tennis, beach volleyball, bike rides, yoga classes and more! The Mayor’s Wellness Campaign will culminate with the first annual Mayor’s 5K at this year’s Harvest Hullabaloo at Poricy Park on Saturday, October 19th. All proceeds will benefit Middletown’s first responders.

Be on the lookout for the schedule of events and how to register on
Middletown Hosts Fourth Mobile Town Hall Event at Fairview First Aid

On Thursday, March 28th residents had the opportunity to meet with members of the Township Committee, Department Heads and staff at the fourth Mobile Town Hall event this month at Fairview First Aid.

Thank you to all the residents who came out to these events in the Township's effort to bring Town Hall closer to your neighborhood.

Easy Access to Public Notices

The Township Clerk's Office has created a section on its landing page where residents can easily find new Ordinance Notices announcing when the public hearings will be.

Click HERE to view Current Public Notices.

The Middletown Health Department and the Optical Academy to Host Low Cost Eye Exam and Eye Wear Event on Thursday, 4/4
Monmouth County Hosts 8th Annual Made in Monmouth Event on Saturday, April 13th
Middletown Township Launches Recycling Education Campaign

Middletown is launching a Recycling Education Campaign that will take place through Earth Day (April 22\textsuperscript{nd}). The purpose of the campaign is to help residents understand what can and cannot be recycled and how to do so properly in our single stream recycling system.

When a town does not recycle properly, it increases the cost of garbage and recycling collection, which will directly impact taxpayers. “Plastic bags are a tremendous problem in our recycling stream,” stated Mayor Tony Perry. “If we don’t address the issue now it will not only prove detrimental to the environment but also drive up the cost of waste removal significantly in the future.” To learn more about plastic bags and how they can affect taxes, visit www.middletownnj.org/plasticbags.

The driving force of this campaign is to correct how we recycle as a whole in Middletown and to teach residents about the importance of keeping recyclables loose in the cart and not placing them in plastic garbage or grocery bags. “In Middletown, plastic bags are...
responsible for over 70% of the contamination of our single stream recycling,” explained Department of Public Works Director (DPW) Ted Maloney. "Although they have a recycling label, they cannot be processed in single stream recycling and must be dealt with separately."

Click HERE for more information.

Upcoming Events

Register Now for Middletown Recreation's Summer Camp!

The Department of Recreation is pleased to announce its annual Summer Recreation Program. This year they have added a few options to better meet the needs of our Middletown families, including a trip-based camp for older campers. Sign up for one week or sign up for them all! Camps start the week of July 1st and are designed for children age 3 through grade 9. Programs are based upon the child’s grade in which they are entering Fall 2019.

Both residents and non-residents can register via the Community Pass website. In-person registration will take place Monday through Friday from 9:00 AM - 4:00 PM at Poricy Park, 345 Oak Hill Road.
The Middletown Arts Center Presents: Dance for Parkinson's Program by the American Repertory Ballet
Fridays, April 19 - May 17, 11 AM - 12:15 PM, FREE!

This program is for people with Parkinson’s Disease and their caregivers. Each class has live music and creates a warm sanctuary for movement exploration and a social atmosphere to support artistic ventures. Click here to watch a video of the class.

LEARN MORE.

6-Week Diabetes Self-Management Program at MTPL
Beginning Wed. 4/3 @ 1:00 PM
This six-week course is designed to help people with pre-diabetes and existing diabetes gain a better understanding of diabetes self-care. Topics include: Understanding Risk Factors for Diabetes, Monitoring Your Body, Controlling Diabetes through Nutrition and Exercise, Diabetes Complications, and Learning about Medications. A free program funded by Medicare and provided by Quality Insights in conjunction with Healthcare Quality Strategies. Each participant will receive complimentary literature and resources.
Please Consider Donating Goods for Easter Baskets to Those in Need

Easter Basket Donations Needed

The Middletown Township Social Services Department is assembling Easter baskets for those in need in our community. Please consider donating a ham, gift cards or Easter grass and candy to help fill the baskets. Donations will be accepted at the Middletown Health Department’s office at 180 Main Street in Port Monmouth or call Kathy Straniero at 732-615-2085 to arrange for your donation to be picked up.

PLEASE DO NOT PUT YOUR RECYCLABLES IN PLASTIC BAGS
Click on the picture to learn more!

Click HERE to access hi-res photos from this e-newsletter.