

**DEPARTMENT OF SOCIAL SERVICES  
CROYDON HALL  
900 LEONARDVILLE ROAD  
LEONARDO, NEW JERSEY 07737  
(732) 615-2085**

**Barbara J. Miceli  
Certified Director**

**RESOURCE AND REFERRAL CENTERS**

**CRISIS LINES**

**RELIEF FOR CAREGIVERS**

Association for Children of NJ	973-643-3876
Birthright USA Hotlines	1-800-550-4900
Child Care Aware Parent Information Line	1-800-424-2246
Children's Trust Fund of NJ	609-984-3543
Community Health Center/Asbury Park	732-774-6333
Family Helpline/Parents Anonymous	1-800-843-5437
National Respite Eldercare Locator Service	1-800-677-1116
Nine Line/Covenant House	1-800-999-9999
Planned Parenthood/Monmouth County	732-442-4499
Office of Aging	732-431-7450
State Respite Coalition/Family Resource Network	732-262-8020
Teen Help	1-800-637-0701
Division of the Deaf & Hard of Hearing	1-800-792-8339

**YOUTH AND TROUBLE/RUNAWAYS**

2 <sup>nd</sup> Floor Youth Helpline	1-888-222-2228
Covenant House Hotline	1-800-999-9999
National Referral Network for Kids in Crisis	1-800-542-7283
National Runaway Switchboard (NRS)	1-800-RUNAWAY
Child Abuse/Youth Crisis Hotline	1-800-4-A-CHILD
Girls & Boys Town	1-800-448-3000

**CRISIS COUNSELING**

Riverview Medical Center	732-345-3400
Monmouth Medical Center	732-923-6999
Centra-State Medical Center	732-780-6023
National Youth Crisis Hotline	1-800-442-HOPE
NJ Partnership for Children	877-652-7624
NAMI Helpline of Greater Monmouth County	732-462-6448
Division of Youth & Family Services (DYFS)	1-877-652-2873
American Foundation for Suicide Foundation	212-363-3500
United Way of Monmouth County	732-938-5988

## **VICTIMS OF VIOLENT CRIMES**

NJ Coalition for Battered Women	1-800-572-7233
National Center for Missing & Exploited Children	1-800-THELOST
We Tip Crimes Line	1-800-47-ARSON
	1-800-78-CRIME
	1-800-87-FRAUD
National Victim Center	1-800-FYI-CALL
Sexual Assault (180 Turning Life Around)	732-264-RAPE

## **ALCOHOL AND DRUG ISSUES**

Addictions Hotlines/NJ	1-800-322-5525
Alcohol & Drug Helpline/Nat'l	1-800-821-4357
180 Alcohol & Drug Treatment	732-264-4111
Narcotics Anonymous Helpline	1-800-992-0401
Alcohol Anonymous Hotline/Central & Northern NJ	1-800-245-1377
Parents Support Group/Help with children addictions	1-800-561-4299
Discovery Institute for Addictive Disorders	732-946-9444
Narcotics Meetings Within NJ	732-933-0462
Crossroads/Middletown	732-615-2275

## **CHILD ABUSE**

NJ Task Force on Child Abuse/Neglect	1-877-NJABUSE
NJ Division of Youth & Family Services/DYFS	1-877-652-2873
Prevent Child Abuse of New Jersey	1-800-CHILDREN
NJ Child Assault Prevention Program/Monmouth Cty.	732-566-3397
Internet Safety for Parents	1-800-843-5678

## **FAMILY VIOLENCE/BATTERED WOMEN**

National Domestic Violence	1-800-799-7233
Statewide Domestic Violence	1-800-572-SAFE
180 Turning Lives Around	732-264-4111
Sexual Assault (180 Turning Life Around)	732-264-RAPE
2 <sup>ND</sup> Floor/Youth Helpline	1-888-222-2228

## **HOW DO I REACH MONMOUTH COUNTY SERVICES/OFFICE AND INSTITUTIONS?**

Monmouth County Information	732-431-6000
Alcohol & Drug Abuse Services	732-431-6451
County Administration	732-431-7384
Consumer Affairs	732-431-7900
Division of Employment & Training (One Stop Career Ctr)	732-683-8850
Department of Human Services (Social Services)	732-431-6000
Toll Free	1-800-662-3114
Medicaid	732-761-3600
Office on Disabilities	732-761-3599

Prosecutors Office	732-431-7160
Sheriff	732-431-7139
Monmouth County Health Depart.	732-431-7456
Voter Registration	732-431-7780

## **HOW DO I FIGURE OUT WHERE TO FOR HELP?**

### **Community Resources:**

United Way of Monmouth County	732-938-2250
Monmouth County Division of Social Services	732-431-6000
Mental Health Association	732-542-6422
Substance Abuse Resources (Prevention First)	732-663-1800
Keansburg Resource Network	732-495-8222

### **Support Groups:**

Alcoholics Anonymous/Addictions Hotline	1-800-322-5525
Families Anonymous	732-291-1467
Narcotics Anonymous	1-800-992-0401
NJ Self-Help Clearinghouse	1-800-367-6274
Parents Anonymous	1-800-843-5437
Gamblers Anonymous of NJ	877-994-2465
Addicted Children (Parents Support Group)	1-973-736-3344
Jersey Shore Behavioral Health Services	732-643-4363
Mercey Center Asbury Park	732-774-9397
Seek & Find Counseling Service/Bilingual	732-923-1627

## **WHERE CAN I GET COUNSELING AND MENTAL HEALTH SERVICES?**

Catholic Charities Mental Health & Substance Abuse Services	1-800-360-7711
Community YMCA Family Services	732-290-9040
CPC Behavioral Health	732-842-2000
The Center (Psychiatric MICA Substance Abuse)	732-389-8820
Guiding Light	732-774-0911
Gateway	732-578-9090
Keansburg Resource Network	732-495-8222
NAMI	732-462-6448
Family & Children Services	732-222-9111
Family Growth Program/Victims of Childhood Trauma	732-758-0094
Jewish Family & Children's Services	732-774-6886
Mental Health Association of Monmouth	732-542-6422
NJ Center for Healing Arts	732-747-2944
Riverview Behavioral Health	732-739-0084
ARC of Monmouth County (Child Development)	732-493-1919
Easter Seals Society	732-918-1188
Family & Children Services	732-222-9111
Monmouth Cares/Children & Families	877-652-7624

Bayshore Hospital Counseling Services	732-739-0084
Monmouth Medical Counseling Services	732-923-6999
Riverview Medical Center Counseling Services	732-450-2900
Monmouth County Division of Mental Health	732-431-7200
Value Options/Ages 5 to 21	1-877-652-7624
Mobile Crisis number	1-877-652-7624

**HOW DO I FIND MEDICAL, DENTAL OR PREGNANCY SERVICES?**

Bayshore Community Hospital	732-739-5900
Birthright	732-747-7600
Community Health Center – Asbury Park Office	732-774-6333
Keyport Office	732-888-4149
Red Bank	732-219-6620
Deborah Heart & Lung Center	1-800-555-1990
Special Child Health Services	732-224-6950
Fox Chase Cancer Center	1-800-369-2427
Medicaid	732-431-6000
Memorial Sloan-Kettering Cancer Center	1-800-525-2225
Meridian Crisis Line	1-800-560-9990
Monmouth County Health Department	732-431-7456
Monmouth Medical Center	732-222-5200
NJ Family Care	1-800-701-0710
NJ Blind Citizens Association	732-291-0878
Parker Family Health Center	732-212-0777
Pharmaceutical Ass't to the Aged & Disabled (PAAD)	1-800-792-9745
Planned Parenthood of Central NJ	732-842-9300
Riverview Medical Center	732-741-2700
Regional Prenatal Consortium of Monmouth & Ocean Counties	732-363-5400
Solutions, Pregnancy & Health Center	732-747-5454
WIC of Monmouth County	732-471-9301
Visiting Nurse Assoc. of Central Jersey	732-502-5104
VNA	732-888-4149
Keyport	732-219-6620
Red Bank	732-219-6620
Keansburg	732-787-1250
Asbury Park	732-774-6333

**WHERE CAN I GET HELP WITH FOOD, HOUSING, CLOTHING, OR EXPENSES?**

American Red Cross Jersey Coast Chapter	732-493-9100
United Way of Monmouth County	1-800-272-4630
Calico Cat Food Pantry	732-671-0550
Check Mate	732-774-3100
Furnish with Love	732-222-1923
Easter Seals Homeless Shelter	732-542-8264

Consumer Credit Counseling	1-800-WISEPLAN
Food Stamps	732-431-6000
Homeless Prevention Program of Monmouth County	732-577-5717
Interfaith Neighbors	732-775-0525
Love Inc.	732-542-7012
Long Branch Soup Kitchen	732-229-2035
Middletown Community Development Grants	732-615-2280
Middletown Helps Its Own	732-615-2085
Middletown Social Services	732-615-2085
Affordable Housing Alliance	732-389-2958
Middletown HUD	732-671-1629
Project Paul	732-787-4887
Salvation Army- Red Bank	732-747-1626
St. Marks Soup Kitchen and Pantry	732-787-1075
TANF Temp. Ass't for Needy Families	732-431-6000
Lunch Break, Red Bank	732-747-8577

**HOW DO I FIND HELP WITH SUBSTANCE ABUSE AND ADDICTION?**

Alcoholics Anonymous Hotline	1-800-322-5525
Community YMCA Family Services	732-290-9040
Crossroads of Middletown	732-615-2269
Gam-Anon of New Jersey	1-800-GAMBLER
Monmouth Alcohol & Drug Abuse Services	732-431-6451
New Hope Foundation	732-946-3030
Narcotics Anonymous	1-800-992-0401
Central Jersey Narcotics Anonymous	732-933-0462

**WHERE CAN I FIND SERVICES AND HOUSING FOR SENIOR CITIZENS?**

Bayshore Village Senior Housing	732-787-8840
Daniel Towers Senior Housing	732-671-1629
Housing Authority (Alice V. Tomaso Senior Housing)	731-671-2990
Department of Human Services	732-431-6000
Luftman Towers Senior Housing	732-530-0668
Middletown Senior & Nutrition Center	732-615-2265
Monmouth County Office on Aging	877-222-3737
Medicare	1-800-MEDICARE
Ameri Choice of NJ	1-877-704-8871
Amerigroup NJ, Inc.	1-800-452-7101
Health Net of NJ	1-800-977-3288
Horizon NJ Health	1-800-682-9094
Pharmaceutical Ass't to the Aged (PAAD)	1-800-792-9745
Social Services/Adult Services	732-431-6000
	Toll Free 1-800-662-3114
Middletown Senior Center	732-615-2265

Social Security	1-800-772-1213
Protected Services for the Elderly & Disabled	732-531-9191
Veterans Interment Affairs	732-308-2988
Division of Transportation (SCAT)	732-431-7200
Office of Aging	1-877-222-3737
Meals on Wheels (Leonardo)	732-291-0999

### **HOW CAN I FIND HELP WITH CHILDCARE?**

Licensed Child Care Referral Services	1-800-734-4810
Y-KIDS after School Program	732-566-9266
Childcare Helpline of NJ	1-800-332-9227

### **WHO CAN I CALL TO HELP STOP ABUSE OR NEGLECT OR FAMILY VIOLENCE?**

180-Turning Lives Around	732-264-4111
Division of Youth & Family Services DYFS	1-877-652-2873
Protected Services for the Elderly & Disabled	732-531-9191

### **WHERE CAN I FIND ACTIVITIES FOR MY KIDS?**

4-H Youth Development Program	732-431-7263
Bayshore Recreation Center	732-787-1880
Big Brothers/Big Sisters of Monmouth County	732-544-2224
Brookdale After School Enrichment Program	732-774-3363
Hillside Community Center	732-615-2261
Monmouth Council of Boy Scouts	732-536-2347
Monmouth Council of Girl Scouts	732-938-5454
Monmouth County Arts Council	732-212-1890
Monmouth County Parks System	732-842-4000
Middletown Parks and Recreation	732-615-2260
Poricy Park	732-842-5966
Boys and Girls Club	732-775-7862
Middletown Arts Center	732-706-4100

### **HOW CAN I GET INFORMATION ON EDUCATION AND EMPLOYMENT?**

Association for Retarded Citizens (ARC)	732-493-1919
Brookdale Community College (BCC)	732-224-2345
BCC Bayshore Learning Center	732-787-0019
Displaced Homemakers Program at Brookdale	732-739-6020
Middletown Library	732-671-3700
Monmouth Center for Vocational Rehabilitation	732-544-1800
Monmouth County Library	732-842-5995
Monmouth University	732-571-3400
New Jersey Employment Service (Work First NJ)	732-775-1566
One Stop Career Centers	732-683-8850

**WHERE CAN I FIND LEGAL HELP?**

Community Health Law Project	732-380-1012
Monmouth Bar Association	732-431-5544
Ocean/Monmouth Legal Services	732-866-0020
Catholic Charities/Legal Advocacy Services	732-747-9660
NJ Protection & Advocacy	1-800-648-2513
Office of Child Advocacy	1-877-543-7864
Division of Mental Health & Guardianship Advocacy	732-869-2262
NJ Protection & Advocacy for People with Disabilities	1-800-922-72333

**WHERE DO I FIND PUBLIC TRANSPORTATION?**

Academy Bus Lines	732-291-1300
Middletown Train Station (NJ Transit)	1-800-772-2222
Seastreak America Ferry Service	732-872-2628

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